



The Association of Child Psychotherapists

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Annual General Meeting 2017

Minutes

23rd June 2017

Present: Heather Stewart (Chair), John Crowley (Treasurer), Isobel Pick (Director of Training), Mary Walker (Director of Professional Standards), Alison Roy (Director of Media and Communications), Morwenna O'Brien (Operations Manager), Eleni Zacharia, Claire Hayes, Maria Powell, Sarah Fielding, Valerie Curen, Nikki Lusher, Amanda Mintowt-Czyz, Katie Argent, Meryl McCartney, Julia Mikardo, Eve Grainger, Ferelyth Watt, Andrew Briggs, Beverley Tydeman, Jenny Kenrick, Catherine Lemberger, Loren Krish, Lucy Griffin-Beale, Jackie Alexander, Kanese Da Costa, Jennifer Ng, Michelle Grierson, Medina Horne, Leanne Stelmaszczyk, Sean Junor-Sheppard, Sophie Hopkinson, Louise Miller, Rachael Winstanley, Matthew Evans, David young, Laura Liddell, Elizabeth Francis, Jocelyn Catty, Angela Pye, Charlotte Green, Charlotte Hinsley, Jemima Phorson, Simi Colford, Maria Consta, Fay Maxwell, Emily Fox, Novelette Newell, Julian Moorman, Russell Scullion, William Croxton, Sue Beale, Rebecca Woodhams, Daphne Storey, Maria Pozzi, Rhona Gilhooley, Alkisti Holmes, Alexandra de Rementeria, Carlos Vasquez, Anna Riddiford, Emma Diamant, Joanne Horner, Peta Mees, Hilary Dawson, Barbara Segal, Elaine Quaile, Jasmin Gill, Sandra Fentiman, Jo Goldsmith, Helena Cowen, Vicky Lynch, Ruth Glover, Fionnuala Frances, Joanne Miley, Miguel Massa, Gwen Kirkwood, Janine Sternberg, Patricia Langton, Ruth Selwyn, Selina Perocevic, Jonathan Bradley, Catrin Bradley, Andrea Pedraz, Ana Spoladore, Claudia McLoughlin, Annabel Kitson, Helen Ritzema, Toby Etterley, Claire Whitefield, Margarete Lucas, Stacey White, Luke Highstead, Tess Bailey-Sayer, Judith Golberg, Linda Pae, Teresa Bailey, Fiona Henderson, Danny Goldberger, Soraya Lari, Renata Bakker, David Hadley, Danika Solieri, Deirdre Ingham, Iris Gibbs, Kara Gledsdale, Lorraine McLeod, Ria Wright, Janine Tully.

Apologies: Betty Dawson, Ann Horne, Lisa Miller, David Smith, Melissa Migden, Debbie Hindle, Judith Edwards, Sarah Dobson, Jeanne Magagna, Ricky Emanuel, Elizabeth Edginton, Susan Meade, Julia Britton

2. Minutes of AGM 2016

Minutes of the AGM 2016 were posted on the ACP website. No corrections were raised.

HS that there would be an explanation of the failure to call an EGM in the Chair's Report (Item 7 on the agenda)

The minutes were approved by the AGM

Proposer: Katie Argent

Seconder: Ferelyth Watt

3. Reports from Committees for approval

HS introduced Jo Goldsmith as the Chair of the Ethical Practice Group. JG spoke about the four main functions of the group being to protect the public, to protect members, to protect the profession and to protect the ACP. The group can advise members, share learning where confidentiality issues allow and process complaints. The group tries to be fair. It has also put in place support for both complainants and members to guide them through the process. The disciplinary procedures are being looked at including exploring other avenues than a full disciplinary process while still respecting the function of protecting the public. JG expressed that the complaints process is intended to improve practice and not as a punitive process. She encourages members to get in touch if they have any concerns.

The following reports were taken together for approval:

Professional Standards Committee (incorporating Ethical Practice Group)

Training Council (and Training Development Group)

Scientific Development Committee

Operations and Liaison Committee (including reports from Scotland and Independent Practice Group)

Media and Communications Committee

HS explained that while there is not currently a Scientific Development Committee the report was made up from information from the groups that will make up that committee.

The AGM approved all reports:	Proposer:	Eve Grainger
	Seconded:	Nick Midgely

4. Treasurer's Report and Accounts

Income £234k in 2016. £195k in 2014. Income has gone up 20% in three years due to the stability of the register and getting money from 2014. £111k to run ACP in 2014. £330k in 2016. Spend has tripled. Money invested to create money and stability. Spending in things to promote the profession. Full Treasurer's report is available on the website.

The AGM approved this report (Proposer: Eve Grainger and Seconded: Nick Midgely as above.)

5. Union Report

Danny Goldberger spoke on behalf of the UNITE representatives himself and Julia Mikardo. They are co-opted as part of the OPC Unite representatives. The OPC is larger and more powerful group than

child psychotherapy would be by itself. He made it clear that Julia Mikardo would be available at the conference for people to speak to for the rest of Friday and Danny himself would be there on Saturday. Forms are available on the Unite stand if people wanted to join.

This year they have helped member with issues regarding employment and conflict and are looking in to problems with the Widening Access Scheme.

Informed the membership that UNITE will be taking part in the National Demonstration London on 1st July and further information can be found online.

6. Training Council report

Isobel Pick presented a summary of the Training Council report.

The main work of Training Council is:

- The development of the ACP's training standards in furtherance of the development of the profession in the United Kingdom;
- The accreditation of Training Schools according to those standards.

It is a lively and hard working committee, and its work is interesting in that it is closely involved with maintaining standards in the profession, but also thinks a lot of about how the profession needs to develop in relation to changes in the NHS and in mental health provision.

The competence framework demonstrates this well which has already spoken about by Isobel and David Hadley.

Isobel drew particular attention to two others aspects of Training Council's work:

One is the situation in relation the future of the funding for the training. Training Development Group, where the ACP's Training Council meets together with the Heads of all the 5 training schools in the UK, has done a lot of work on responding to government proposals that threatened to change the future funding arrangements for our training. You will have seen the emails about this, some of which have asked you to write letters to your MP, Trust management, etc.

This campaign has had some success in that so far our training has not been affected, but the future is still uncertain, and we will continue to make our case to politicians, NHS and HEE commissioners and what the ACP's new communications company calls 'influencers'. Work is also going on to put the training schools in the best possible position of preparedness for any change that might come.

Secondly during Isobel's three years as chair, Training Council has dealt with the re-accreditation of four of the five training schools and it is clear what a good job they do of training our members. In addition, the ACP has much to be proud of – on two of these accreditation visits our re-accrediting panel was itself 'inspected' by a member of ISAAC, the committee which has oversight of the ACP's duty to protect the public. Both the visitors were very impressed with our standards, our processes and the way the re-accreditations were conducted.

Isobel thanked all involved – re-accreditation panel members, and members of Training Council and Training Development Group. She gave special thanks to the lay members, who are listed in the full Training Council report, for giving their time so generously.

She said what a great thing it has been to work with Lydia Hartland-Rowe in leading the work of this committee, it has been a real double act, and also how pleased she is to be handing over to Phillip McGill, who will be a great chair. She finished by saying that it has been a pleasure to chair this committee, she has learned a lot, got to know a lot of interesting and committed people, and she would encourage anyone interested in joining training council to come forward. Especially – we are looking for a potential vice-chair!

7. Chair's report

HS read her Chair's report, appended to these minutes.

8. Elections to the Board

Confirmation of Executive Directors:

Heather Stewart	Chair
Mary Walker	Director of Professional Standards
Isobel Pick	Director of Training (to end of August)
Phillip McGill	Director of Training (from 1 st September)
John Crowley	Director of Finance
Alison Roy	Director of Media and Communications

Proposer: Nikki Lusher

Seconder: Stella Acquarone

Nomination of Non-Executive Child and Adolescent Psychotherapist directors:

Isobel Pick (from 1st September)

Jemima Phorson

Proposer: Jackie Alexander

Seconder: Andrew Briggs

9. Discussion and Any Other Business

Question – Why was the EGM which was agreed at the 2016 AGM not called?

HS responded that it has been a challenging year for the organisation. There have been meetings called to deal with a number of the challenges the organisation was dealing with including the funding of the training. An EGM would have been to confirm the current directors, all of whom have

been fully engaged in working on behalf of the membership and calls for members to take on roles within the ACP have not resulted in candidates to take on these roles. HS felt that the directors had by implication been trusted to carry on their work for the ACP. Nevertheless she accepted that it was a failure for which she apologised. Members had now been given the opportunity to approve the appointments, which they had.

Issue raised – The AGM have been asked to vote on nomination of new Board members without knowing much about the candidates.

HS responded that the CV and personal statement is available to the members.

Question - Where does discussion with membership about clinical decisions happen? The introduction of the clinical practice rule that means that members can no longer work with patients over 25 was not discussed with the membership before it was introduced.

MW responded that the ACP had responded to concerns so that it ensured that in a world of increasing regulation they were protecting members by ensuring they were practising within their training. The age limit has always been a guideline but it was felt that in a time of increasingly legalistic complaints it was important that the ACP had a clear position on the age range that it registered members to work with. While this was not discussed with the full membership it was discussed by the relevant committees and senior members of the profession were consulted.

Follow up: This is problematic for members, not in terms of taking on adult patients but for ongoing work with patients who they started with for example at 17. Attachment so important in work ACP members do that it seems unfair to have to cut off this work at 26.

MW responded that she had invited any member who would be affected by the introduction of the rule to write to her and she has tried to work with all those who contacted her to find the best way to transition any patients to the most appropriate alternative.

HS added that in terms of the ACP's accreditation by the Professional Standards Authority it is important that the ACP is clear about the limits of what it can regulate. All child and adolescent psychotherapists working will have indemnity insurance which covers a specific age range. The training that all full ACP members have had is for children and adolescents.

Question: What is the position on work with parents?

HS responded that as long there is a child patient in the system then parent work is within that is no problem.

10. Registrar's Welcome to New Members and Farewells

The ACP currently has 928 members and is a thriving organisation.

There have been a number of notable members who have been lost this year. Sue Sherwin-White, Louise Emanuel and Judith Loose who made a huge contribution to the ACP and the profession and will be missed.

There have been 38 qualifiers in the last year:

Alex Volovisky, Zeynep Tulin Dogen-Amoretti, Susanna Reisz Neurath, Jo Bent-Hazelwood, Natalie Chiu, Janine Tully, Betty Dawson, Elizabeth Francis, Elaine Quaile, Paul Bell, Elisabeth Berman, Julie

Bithell, Lucia Genesoni, Lucy Fryer, Francesca Haslam, Claire-Marie Hayes, Fanny Elisa Lena, Vicky Lynch, Caroline Palmer, Komal Parekh, Arianna Pulsoni, Eleni Zacharia, John Slattery, Flavia Ansaldo, Marie Papadima, Jerram White, Michelle Littlewood, Joanne Higgins, Faye Brierley, Evangelia Laimou, Catherine Burgess, Deirdre Price, Matthew Chuard

11. Resolution

Members were asked to pass the following resolution:

To accept the revised Rules of the Association (as interim rules prior to becoming the ACP's Articles of Association) to be put to the Board for approval in July 2017. Notification of any future amendments will be sent to members by email.

Proposer: Maria Pozzi

Seconder: Patricia Langton

12. ACP Vision and Mission and Campaign

Alison Roy introduced the ACP's communications campaign Treat Them Right. The presentation is appended to these minutes.

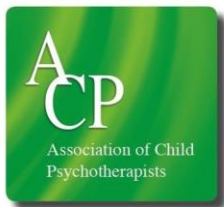
She thanked the Communications Committee for their support and spoke about what a privilege it has been to work with them and that the coming year will be one of big change.

There will be no formal reviews of the conference papers this year but members were encouraged to submit comments which will be collated and published on the website along with copies of the presentations.

AOB

Nigel Carter one of the editors of the Journal let the membership know that they are looking for readers for the Journal.

Members have raised the question of how to respond to Grenfell Tower. Julia Mikardo let members know that CNW CAMHS are putting together a plan and members could liaise with her.



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Chair's Annual Report 2017

For the Annual General Meeting of the Association of Child Psychotherapists on Friday 23rd June 2017

Members of the Board of Directors:

Chair: Heather Stewart

Director of Communications: Alison Roy

Director of Professional Standards: Mary Walker

Director of Scientific Development: vacant

Director of Training: Isobel Pick

Treasurer: John Crowley

Non Executive Director (Lay): Sarah Gilmour

Non Executive Director (Lay): Andrew Hughes

Non Executive Director (Lay): Nick Waggett

Non Executive Director (CAPPT):

Non Executive Director (CAPPT):

Non Executive Director (CAPPT):

Secretary to the Board and Operations Manager: Morwenna O'Brien

Roles and Responsibilities of the Board of Directors

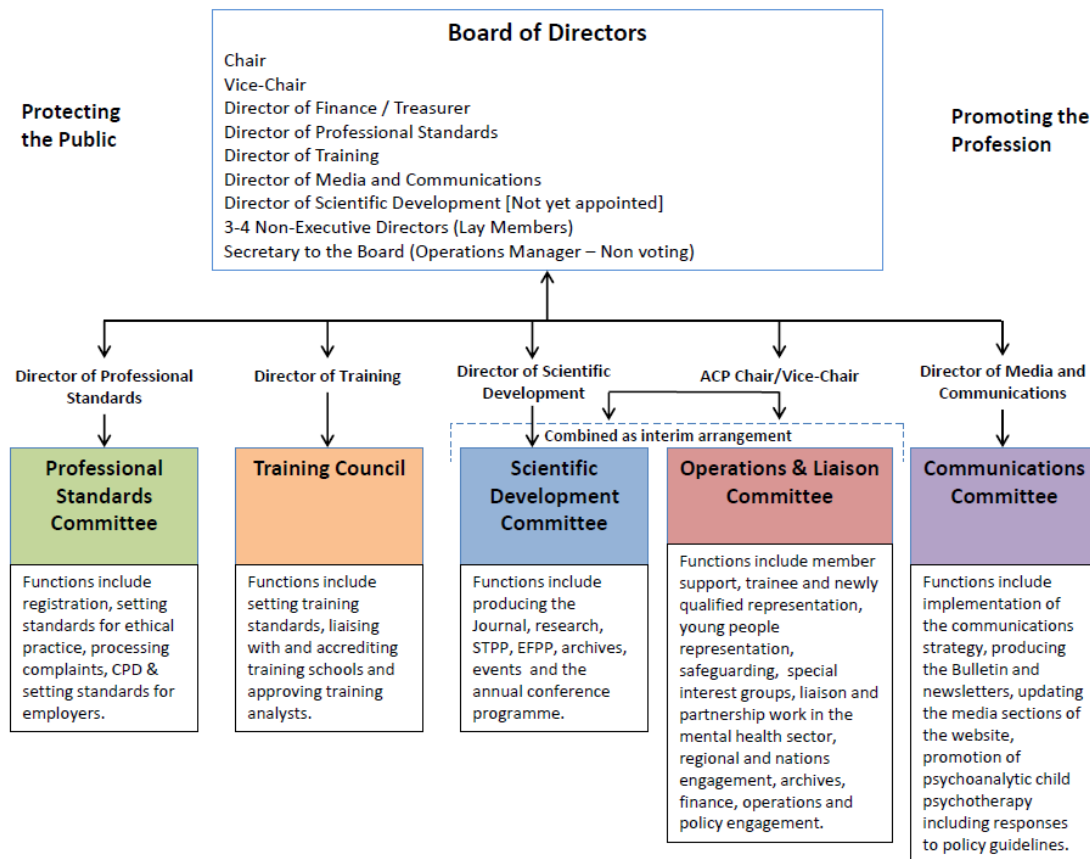
The Board of Directors is responsible for the governance of the Association of Child Psychotherapists. It meets bi-monthly (six times per year) to consider issues and to make decisions to ensure that the organisation is well run and meets its obligations as a professional association and private company limited by guarantee. The Board of Directors is accountable to the membership and acts on behalf of the membership to run the day to day affairs of the business. As such it is responsible to approve an annual budget and spending powers as well as to set the strategic direction of the organisation.

Child and Adolescent Psychotherapists may be shortlisted by the Board and then elected (if more than required) or approved by the membership at the AGM to sit on the Board. Lay members are invited to apply to sit on the Board and will be interviewed and appointed by existing members of the Board. The Board itself will appoint the Chair of the organisation from those currently serving on the Board. Executive Directors will be nominated by the Board and ratified by a vote of the membership at the AGM.

Executive Directors on the Board (currently CAPPTs) each have a responsibility for leadership and management of one of the five directorates of the organisation. (see attached diagram). The Chair currently oversees the Operations and Liaison Committee (for which there is a separate report) and is continuing to work to appoint a Scientific Development Director so that this part of the ACP can grow and develop.

Three non-executive directors were appointed to the Board following an application and interview process. We were delighted to appoint Sarah Gilmour, Andrew Hughes and Nick Waggett, who bring

a wealth of experience to the Board. Members will have received emails detailing their background and experience; more information about each of the directors is due to be posted online once we have redesigned the website to take account of feedback from members and the public.



Chair's Report

I have started this report by outlining the appointments to the Board that have been made over the past year and a definition of the function of the Board. I am aware that at the last AGM, the membership voted to approve interim appointments of myself as Chair, Mary Walker as Director of Professional Standards, Isobel Pick as Director of Training, Alison Roy as Director of Media and Communications and John Crowley as Finance Director with the understanding that an EGM would be called to make final approval of these appointments before ACP Ltd began trading on 1st January 2017. This didn't happen; the main reason was that as an organisation we were inundated with demands and jobs that kept making more immediate calls on our time and it was difficult to make space for yet another meeting. The interim directors have been immersed in major items of work in their respective directorates: myself in continuing to embed the new structure into the ACP, ensuring the appointments of lay members to the Board and setting strategic direction for the ACP; Mary in her continuing development of procedures and processes for the Professional Standards Directorate (which now includes the Ethical Practice Group, formerly the Ethics Committee); Isobel in leading on the core competences project; Alison in continuing to produce high quality communications to members as well as liaising with a communications company to develop a

communications strategy for the ACP and John in his setting of a budget and developing our systems to meet the standards required by Companies House.

To an extent, it felt as if the membership had given us the green light to take the ACP forward in the way in which we had suggested at the previous AGM but I do apologise that the promised EGM did not happen. There will be an opportunity at this year's AGM to consider the processes for making appointments and ensuring continuity of services. The question of what is the Board's responsibility and what is the membership's responsibility is a question that the Board and I have had to wrestle with at some length. I wrote to members on this topic in my email on Tuesday 6th June. In the process of revisiting our rules to change the language to reflect the new structure, a number of other issues were raised and decisions made about appointments which I hope will still reflect our status as a membership organisation where the engagement of our members is a central part of our identity and also our more legal status as a private company limited by guarantee.

Professional Standards Authority (PSA)

The Professional Standards Authority (PSA) re-accreditation of the ACP took place in October and November 2016. The PSA sets conditions, instructions and learning points at the end of their reaccreditation process. The ACP had no conditions or instructions. The learning point was that we should consider publishing minutes or excerpts from ACP AGM, Board and Committee meetings relevant to public protection and the public interest. The ACP has decided to post a summary of key decisions and discussions of the Board meetings on the public website.

The ACP's guidelines for contracts were cited as an example of good practice.

Mary Walker and Morwenna O'Brien attended the Annual Accredited Registers Conference in May: Modern Solutions for the Modern World. Mary gave a presentation, A Healthy Mind in a Healthy Body, exploring the relationship between mind and body in child mental health. Mary also regularly attends seminars provided by the PSA in which key issues of regulation are addressed. The ACP continues to be mindful as to how complaints might be managed in a less litigious way and yet meet the standards expected of it as an accredited register with regulatory powers. At a recent meeting with the PSA, I have been instructed more formally that the ACP should bring alternative disputes resolutions earlier into its processes.

Independent Scrutiny and Advisory Committee (ISAAC)

The joint **British Psychoanalytic Council (BPC)/ACP Independent Scrutiny and Advisory Committee** meets five or six times per year. I have continued to attend these meetings. The committee has now completed a formal review of the ACP complaints procedures and disciplinary processes. It too has asked us to consider whether we could adopt a less legalistic approach. Mary Walker and I have been working with Jo Goldsmith and Janine Sternberg, Chair and Vice Chair of the Ethical Practice Group to consider the points raised, decide which changes might be appropriate or helpful and to prepare a response to ISAAC before the end of the year.

Ken Foote, Chair of ISAAC, attended the Board of Directors Meeting in March as part of ISAAC's quality assurance function. He reported that he was pleased to see a well-functioning Board with lay members as an integral part of the organisation. There will be further discussion about the future

role of ISAAC now that lay members are on the Board. It was agreed that it would continue to advise and scrutinise our processes throughout 2017 and a review would take place early in 2018. The PSA have agreed that this committee may no longer be required under our new structure as long as the Board with its lay membership demonstrates its continuing duty of and focus on protecting the public.

Other information about ISAAC was presented in the Annual Reports Bulletin, which was published in January 2017. It has most recently asked us to look again at our arrangements for clinical trustees and professional wills, which I will be taking to the Independent Practice Group for further consideration.

Partnerships

The **ACP** and the **BPC** continued to explore ways of working together through a joint working party, representatives from the ACP being Ruth Glover, Biddy Youell and myself. Although sharing many beliefs and values, the organisations had very different ways of operating with the ACP run predominantly by members/clinicians and the BPC run by a professional team. The ACP has a well-defined group of members, all trainees or graduates of its accredited training schools, whereas the BPC has member institutions from which people can then apply for membership of the BPC. Bringing us all together without losing the ACP's unique place in the history of psychoanalysis seemed a weighty undertaking. The working party examined the argument that the ACP might be too small to survive by itself but it also felt that being a small organisation, which was clear about its vision and mission, was also a strength. The working party explored ideas about collaboration, partnership and coalition. All of these ideas had potential advantages and potential pitfalls. For now, we are accepting that we try to remain friends in a hostile environment and join up on events and activities when we have shared interests or concerns. The BPC has an exciting conference planned for November 2017 and they have invited participation from ACP members as well as offering the Chair a free place.

There were two developments, which perhaps contributed to the stalling of a more active partnership between the ACP and the BPC. The first was that the agreed plan to find and move to a larger office in which we would have joint ownership and sense of belonging failed to work out, in part for economic reasons. This meant that the ACP had to look for alternative accommodation on its own to meet its continuing and increasing needs for more desk space and meeting rooms. The ACP found a suitable office for itself and moved out of the space that it had rented from the BPC at the beginning of March 2017. The second development was that the ACP and the **Association of Psychoanalytic Psychotherapy in the NHS (APP)**, in exploring how to come together to fight for psychoanalysis in the public sector, agreed that as well as joint access to each other's Journals, which was set up in the Autumn of 2016 and a shared essay prize, we would also look share some of our office expenses, which would be mutually beneficial to both organisations. The ACP therefore has made a service level agreement to provide back office support for the APP from September 2017. The APP's transfer of business from the BPC to the ACP has understandably led to friction, which we are continuing to work with.

I hope members are taking advantage of the free online access to the APP's Journal, which can now be accessed through the ACP website. Once we are fully working with the APP from September we will be looking at other opportunities for collaboration. Shortly we will be holding a three-way meeting with the **Association of Psychodynamic Psychotherapy and Counselling in Organisational Settings (APPCIOS)** to explore how each of these very different organisations might bring together a community of people with an interest in psychoanalytic thinking. One aspect of this might be to offer

those who have undertaken our infant observation pre-clinical courses to take up membership of or courses with linked organisations.

On a related note, the ACP has been invited to take over the Child Psychotherapy Trust leaflets and the **Understanding Childhood** website. This was a very generous offer from Louise Pankhurst, who wanted the leaflets to continue to be promoted and provide support for children, parents and families. Some of them will need updating and it will take us some time to do this and to make the understanding childhood website compatible with ours.

New Office

In March 2017 we moved our offices to CAN Mezzanine in Loman Street, SE London. This has felt like a very positive move. CAN Mezzanine is a Charity that provides office space for third sector and not for profit organisations. We pay for desks (currently we have three but we can expand or contract at any time) and along with the desks, are all the things that are needed for the smooth running of an organisation like telephone lines, wifi, printing facilities and a post room. There is also the free use of meeting rooms and a small conference room. There are many like-minded organisations in the building and so far, it has felt that it is the right environment for us to develop as an organisation.

Meetings with Members

I continue to try to be available to respond to members on issues that affect them. Often I have to signpost them to other members of the Association for assistance and I continue to be particularly grateful to Julia Mikardo and Danny Goldberger, our Union Representatives and Eve Grainger, formerly Chair of the Assessors Panel and now Lead for the Employment Standards Group, who are always quick to respond on employment rights issues and I know from feedback that members have found them extremely supportive. Sadly many of our members have had a difficult year as their Trusts have reorganised and they have found themselves being down-banded or asked to work in ways which they don't find ethical or practical. I did email members earlier in the year asking them to keep an eye on their local Sustainability and Transformation plans, which are all published on the NHS website. There are further cuts being planned under the umbrella of these STPs and it behoves members to be more political than they have been in the past to ensure that psychoanalytic psychotherapy remains a key treatment within CAMHS. Alison Roy will talk later of the specific campaign that the ACP is going to launch to support this ambition.

Going forward, I hope that as the Operations and Liaison Committee becomes more settled and clear of its aims, that those sitting on this committee will be key players in working with our members to ensure that the ACP continues to be responsive to members' needs and develops in accordance with their hopes. Similarly, my hope is that the Scientific Development Committee will be formed in such a way as to support members' growth and development as well as to help provide evidence of the efficacy of psychoanalytic child and adolescent psychotherapy. Last week we were able to appoint to the new Events and Development Manager post and thus we will have a new part-time member of professional staff joining us on 1st October. We are hoping that Leanne Stelmaszczyk will lead on the development of events to raise our profile in the public arena as well as help in the development of scientific events for our members. It is envisaged that at a future stage an extra day could be paid for by APP in order to promote some joint events. She has already been employed on a temporary basis to manage the business aspects of this year's conference and has

been working to support the STPP Implementation Group in preparing for a day conference in Birmingham on Adolescent Depression.

As you might know, as someone who trained outside London and was brought up in a different nation, since becoming Chair of the ACP, I have been passionate to ensure that we are not just a London centric organisation. Sadly there never seems to be enough time to visit different parts of the country so our frequent talk of the ACP roadshow has been somewhat curtailed and we have only achieved one visit to the North East. This remains an ambition and we are hoping to be able to focus on trainee and member engagement in the coming year. I am also responding positively to requests to vary the pattern of the conferences and perhaps have fewer in London – I'd be interested in members' views.

External Meetings/Activity

I have also tried to make myself available to talk to different key players and influencers both politicians and civil servants and potential partners. Joanne Young, Scottish representative on the Operations and Liaison Committee, and I met with Alison Johnstone, a Scottish Green Party MSP after she had asked questions in Scottish Parliament about the unequal distribution of child psychotherapists in Scotland. I have twice met with James Morris, Parliamentary Private Secretary to Jeremy Hunt, Secretary of State for Health and have been invited to participate in his local children's mental health forum. However, with the constantly changing political landscape it has been difficult to follow through on any progress. A meeting that had been set up with Health Education England to discuss the mental health workforce strategy was cancelled at the last minute during the elections and I am told that plans in Health Education England are all up in the air. This is having an impact on our efforts to secure future funding of the training as the very people who would ordinarily be our funders appear to be in chaos themselves.

Isobel Pick and I met with NSCAP's equality and diversity consultants and the Board will want to begin to examine our own policies and procedures during the next cycle. One part of this may be to have this as the theme of our next year's conference in Manchester. A suggestion has been made that we should have a conference focussed on our thinking and working in relation to difference and diversity and the challenges that this brings to us. A possible title, "Relating to the Other: curiosity and possibility, fear and aggression" was suggested just after the bombing at the Ariane Grande concert and I believe it is right that we make space to think about our role both in responding to the external culture of fear and terror but also our own internal responses; are we an inclusive organisation that encourages equality and diversity. What does that look like and what does that mean?

Alison Roy has been leading on collaborative working around Looked After and Adopted Children following the publication of our leaflet on the same. She is developing a campaign with partners from Coram and the Children's Commissioners Office. I have also been in correspondence with OFSTED and now the Department of Education to challenge some of the problems arising out of their policies on adoption support agencies and who can work with adopted children. We do also need to get in a challenge about the priorities being given to psychologists to work in perinatal and infant mental health services in the most recent RCPsych guidelines.

I have been honoured to take part in the Tavistock Relations Consultations about the importance of treating the parental couple in child mental health settings. I have now met with the CEO of the Youth Parliament in order to try to get young people to join our operations and liaison committee

and ensure that we are listening to our stakeholders. I try to hold regular meetings with members in leadership roles and I met with Paul Jenkins at the Tavistock as part of our efforts to try to make sense of different and evolving plans for funding of trainings. We considered what other options we might have to be willing to consider to ensure that the child psychotherapy training survives, even if funding is cut or reduced.

The future funding of the training remains a worrying issue. We are aware that we will need to step up our campaigning as well as step up a campaign around the importance of having child psychotherapists in CAMHS teams. Alison Roy will give you further information later in this AGM. In this respect we have appointed **Forsters Communications** to help us develop a clear communications strategy and to campaign for the future of our profession. This is not just something for the Board or a few people with clearly defined roles in the ACP. This is something that we hope that everyone in the room and everyone on our register will get behind.

The new structure

This has been a year of great change for the organisation and particularly for those people working on behalf of the ACP. Some roles and jobs have now gone and others have changed. Some members have found some of the changes challenging and some have found them easy to embrace. What I believe the new structure has brought about is greater transparency and accountability. And we still have some way to go. Each directorate has a budget set at the beginning of the year and has to account for its spending. A system for payments has been set up and is managed centrally by Morwenna, whose title has now changed to Operations Manager as we think this captures better the range of responsibilities that she has. There are now only five committees...all other previously formed committees are now sub groups of the five central committees or directorates. (Slide) This means that some members have increased responsibilities and others have less. There has been a process of mourning and loss as well as a journey of hope.

I sent to members my update of the rules and have had some feedback by email. I hope there will be an opportunity for further discussion during this AGM before the resolutions. This has been a process and as such our rules and structures will continue to change and evolve as we see what works and what doesn't. The ACP has to walk a tightrope between being a regulatory body with public protection as a key function and being a membership body with a clear vision and mission to promote the work of psychoanalytic psychotherapy for children and families in the public sector. So far we are just about maintaining our balance. We need you as members to commit to walking that tightrope with us.

Last year I finished my presentation with a Matisse's picture of the dance. This year, I want to share the image that has stayed with me since last December's 1001 Days conference which I think captures the space in which we work.

(<https://www.theguardian.com/artanddesign/2016/jul/07/richard-ansetts-best-photograph-ukraine-interview#img-1>).

Votes of Thanks

There are so many people who give tirelessly to the ACP that I worry I may not be able to do justice to them. I do want to acknowledge the commitment and dedication of **Morwenna O'Brien** and **Suzanne Gowiely**, who keep the office steady under ever increasing pressures.

There are many people on many committees working behind the scenes; people who have stepped down from jobs this year, whom I have thanked separately but want to mention here are **Jocelyn Catty** and **Elizabeth Edginton** who chaired the Research Committee for three years, and **Kate Stratton** who edited the Journal until the end of last year. I also want to thank **Viv Peyton**, who retired from the Executive Committee after four years of service and **Ana Spoladore**, who has recently said that because of family commitments she is no longer able to serve on the Operations and Liaison Committee.

I want to say a particular thank you to two people, one being **Patricia Langton**, who stepped down from the role of Honorary Secretary, when the Executive Committee folded in December and was replaced by the Operations and Liaison Committee. Patricia wrote to me towards the end of 2014 offering to help out the ACP in some kind of way, perhaps she could do some work in the office occasionally. When we met I asked whether she would consider being the Honorary Secretary; this was a much bigger job than she had anticipated or indeed wanted but she agreed to take it on and she did so with commitment and energy and huge generosity. She remains on the OLC and for now is developing a ACP Policy on Safeguarding. She is passionate about psychoanalytic psychotherapy but also about ensuring that we set the highest possible standards for our profession. On behalf of all of us I would like to thank Patricia for her contribution to the ACP in her role as Honorary Secretary.

The other person I want to acknowledge today is **Isobel Pick**. You will already have heard her work on developing the Competences Framework. She has made sure that the ACP has sent a thank you to David Hadley but in typical modest fashion has not expected any rewards herself. Isobel is someone who has worked tirelessly on behalf of our membership; I find her a supportive and challenging colleague with a capacity for clear thinking and emotional warmth. We are incredibly fortunate that she has led the Training Council through some significant changes in the last three years with sensitivity and passion and I am delighted that she has been willing to stay on the Board as a Non Executive Director. Again on behalf of all the membership, a big thank you to her...

I also want just to mention here the programme planning group (**Claudia de Campos, Eva Crasnow and Fanny Lena**) who have brought this wonderful conference together, I will be saying more to express our gratitude to them tomorrow.

Date of Report: 16th June 2017

Heather Stewart

ACP Chair



**Raising our Profile
Increasing our
impact**

A New Focus

- Revised core narrative
- Putting building blocks in place – June, July and August
- Launch campaign – Autumn
- Campaign focus – *Treat them right*

Key Messages

- *Recent changes in funding, training and commissioning around children's mental health mean many CAMHS teams are finding themselves struggling to provide the longer term, comprehensive support that many children and young people desperately need, particularly those with more complex mental health problems.*
- *ACP registered child psychotherapists are often a crucial part of the jigsaw in providing that longer term support, really helping other CAMHS professionals deal with the most complicated cases.*

Treat them right

- ***The Association of Child Psychotherapists is campaigning for all CAMHS services and other mental health professionals to have access to a range of therapeutic treatments including those provided by ACP registered child psychotherapists, so every child can benefit from their skills, expertise and experience as part a truly comprehensive system of support.***

Campaign aims

- *Target campaign outcomes*
- Funding certainty in the medium term
- A greater understanding of the implication of funding changes among policy makers, including:
 - The unnecessary limiting of the talent pool
 - Reduction, to some degree, in the quality of the training programme
- **ACP to become a consulted body on policy and commissioning changes**

Campaign elements

- Survey of CAMHS professionals on the importance of having access to a qualified child psychotherapists:
<https://www.surveymonkey.co.uk/r/HWZH7HQ>
- Case studies of CPs demonstrating value of role and challenges in terms of support
- Petition calling for all CAMHS to have access to support from qualified child psychotherapists

Developments/activities

- Roundtable with stakeholders – such as to discuss future training and provision
- Media and social media campaign
- News articles
- Tweets and comments/social networking
- Interviews
- Conferences/events
- PM Q's and organisational statements

Target organisational outcomes

- Raised profile for ACP as a campaigning voice and champion for members
- Increased involvement and engagement by ACP members
- For members to be asking: *How can I get involved?*

Developing the role of ACP members – My campaign

- ◉ Shout out to trainees
- ◉ Circulate questionnaires – know who to ask
- ◉ Add to the “war chest” of information
- ◉ Make yourself available (Forster will be here to meet you tomorrow)
- ◉ Know your skills and be willing to share something. (12 themes)
- ◉ Supporting and developing the research and evidence

What we will provide

- 12 themes – one a month (with briefings)
- Campaign newsletters and updates
- Circulate information about the profession (Bulletin)
- Meaningful partnerships
- News articles and opportunities to begin and then continue conversations
- Maintain a secure base – drawing from our foundations and history to prepare for the future

