

# **ANNUAL REPORT 2022-2023**



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# **FOREWORD**

The last 12 months have been turbulent ones for the ACP, with Kate Robertson becoming unwell and having to step down in January 2023. She had provided a steady and thoughtful presence for the organisation and the profession and there was great sadness at this loss.

Our CEO, Nick Waggett, the executive and non-executive directors and the office staff have worked very hard to manage what has needed to be done during the last 6 months. The organisation has responded robustly to the challenge, with members of the Board supporting Nick to lead without a Chair, and everyone picking up tasks to cover the gap.

We regret that we have not managed to maintain everything we were doing, and some activities are waiting for the new Chair to settle into her role; you may have noticed fewer newsletters for example, and the BAME Forum which was led by the Chair has had to be suspended. There have been some excellent new appointments at Director/Deputy Director level (Elena Della Rosa, Kate England, Jo Goldsmith, Anne Hurley and Louise O'Dwyer), but many paid and voluntary roles need to be filled.

We are pleased though that the core tasks of ensuring good standards of practice and training have been maintained. These and other areas have also continued to be areas of change and development for the organisation and the profession. A few stand out. One is that, after years of work with NHSE, September 2024 will mark the start of the new National Training Scheme for CAPT in England, with revised standards for training and new funding arrangements. A new member of staff, Mel Serlin, Training Development Lead, was appointed in 2022 and has made a huge different to our ability to make the most of our new relationship with NHSE.

Progress has also been made, with the help of our Community and Events Manager, Helen Breakwell, in areas such as events, member engagement, and scientific development, with the new format for the Child Psychotherapy Matters magazine and the Research Forum. The member survey sent out in December 2022 has given us much to think about as we develop these areas.

In 2022, the Board had to make the decision to invest in a new website which we hope will bring significant improvements in member engagement, including the ability for members to choose to pay in instalments. This has been requested for some time but was not possible with the old system, and we hope it will help members at a time when many are under financial strain. The development of the new website has placed a significant additional burden on our Business Manager, Jessica Jarmon, who has worked tirelessly. She and our Operations and Membership officer, Zaira Lorefice have kept the routine work going as well as managing many additional demands. They have been joined in the office by Tessa Trabue, Executive Assistant, who joined in February and has made a huge difference to the organisation's capacity to manage the workload.

We would like to thank Nick, all our staff and the executive directors for their commitment in a difficult time. Non-executive directors have also been very supportive and taken on additional tasks; special thanks are due to Janine Sternberg, Brian Waring and Sarah Gilmour for their very generous support.

We were delighted that Lynne Taylor was appointed to the role of Chair and started work at one day/week in June, building to 2 days/week in September. We very much look forward to working with her to take the ACP and the profession forward.

#### The ACP Board

# PROFESSIONAL STANDARDS COMMITTEE

The professional standards committee has responsibility for setting and monitoring the professional standards for the work of child and adolescent psychotherapists.

#### **Role and Functions**

The Professional Standards Committee (PSC) has a wide remit and has members representing the various strands of Professional Standards as follows:

- Continuing Professional Development (CPD)
- Ethical Practice
- Employment Standards
- · Independent Practice
- Registrar
- Safeguarding

#### **Amendments to Policies**

The ACP works closely with the Professional Standards Authority (PSA) who accredit the ACP. This year the PSA asked the accredited registers to reassess the benefits and risks to the public arising from their work, and to consider mitigations in relation to any risks.

We have made two amendments to the policy for supervision. Firstly, the importance of attending to issues of discrimination and prejudice in both clinical and systemic contexts has been expanded. Secondly, we have included a statement about the importance of considering elements of risk for clients, their families and the therapist.

Work continues with the Independent Practice Group on standardising and modernising the 'Find a Child Psychotherapist' page in anticipation of a new website for the ACP. We hope this new website will increase the clarity and ease with which families can identify a suitable therapist.

#### Registration and CPD

1097 members registered for 2023. 745 of these were Full members including Newly Qualified members and the new Reduced Hours category. The Reduced Hours category was introduced this year and has benefitted 33 members. There are also 197 Trainee members, 105 Not Working members and 50 Overseas members.

In 2023, members will be invited to fill in their CPD form in between the 11<sup>th</sup> September 2023 and the 8<sup>th</sup> October 2023. Registration for 2024 will open 23<sup>rd</sup> October and close on 1<sup>st</sup> December 2023 to ensure that all members are registered for the year 2024 before it begins.

#### **ACP** safeguarding

The ACP Level 3 Safeguarding courses have continued to be delivered successfully online and attended this year by 136 members. These have been provided to help members meet their CPD requirements and ensure that Registrants meet the PSA requirements.

#### **Sub-committees**

#### **Ethical Practice Group**

Five complaints were investigated over the last year 2022 to 2023. One did not reach the threshold for further investigation. One complaint went to a practice review and in the third the complainant withdrew their complaint so the investigation could not be completed. There are two complaints that are currently awaiting the conclusions of the employing Trust as the same complaint was submitted to the Trust and to the ACP.

The Code of Professional Standards and Ethics has been revised to ensure that matters of diversity, equality and inclusion are central to the practice of child psychotherapists. Members continue to seek guidance about their practice in the light of the Code on a regular basis. We have started to give feedback to members in Child Psychotherapy Matters as a way to share lessons learnt from complaints.

#### **Employment Standards Group**

The ESG has continued to provide assessors for recruitment panels for posts at 8B and above. This is in line with ACP policy that there should be an external assessor available at interviews for these posts. We provide one off mentorship sessions to candidates who are unsuccessful at interview to help them prepare for future recruitment panels if they wish.

We have been working on developing guidelines for preceptorship posts which would mean that a member could be initially appointed as a Band 7, and then progress to Band 8A once certain explicit criteria had been met without needing to be re-interviewed.

We have dealt with queries about the use of the title Consultant, and about re-banding.

There is ongoing discussion about how to follow up the webinars on leadership that were held in the spring of 2022.

#### **Independent Practice Group**

The PSC continues to focus on issues relating to independent practice and a representative from the Independent Practice Group sits on the Professional Standards Committee.

We continue to focus on issues relating to independent practice including:

- Inequalities between professionals regulated by the HCPC and those outside of this, in particular recognition of professional status and quality of training.
- · Clinical Wills / Trustees Policy documentation.
- The development of the 'Find a Child Psychotherapist' page on the ACP website in line with feedback from the expert by experience group.
- Supervision requirements for those newly qualified members who start work in independent practice.
- Legal requirements relating to the length of time notes need to be retained.
- Management of DBS checks to maintain public safety.

# TRAINING COUNCIL

The training council of the ACP sets standards for the training of child and adolescent psychotherapists and is responsible for the accreditation of UK training schools.

#### **Role and Functions**

Training Council holds overall responsibility for the regulation of training in Child and Adolescent Psychoanalytic Psychotherapy delivered in the UK.

This includes the development of the standards for training and the accreditation of UK training schools. The standards are defined in the Quality Assurance Framework and the competence framework for child and adolescent psychotherapy, which can be found on the <u>ACP website</u>.

The development of the standards is overseen by a sub-committee of Training Council called Training Development Group.

#### **Re-accreditation of Training Schools**

The re-accreditation of the five UK training schools is a central task for Training Council. Currently each school is re-accredited every five years by an accreditation panel appointed by Training Council. In 2022 the Tavistock was successfully re-accredited and in 2023 the Independent Training (IPCAPA at bpf with the AFC/UCL) was also successfully re-accredited. In June 2023, a panel will be visiting BTPP. All the reports can be seen on the <u>ACP website</u>.

#### **Achievements**

#### National Training Scheme for England

Work continues on the expansion of the training in England under the National Training Scheme. The first cohort to be recruited under the new scheme will start in September 2023. We are aiming to expand from 45 trainees starting in 2019 to 100 in a few years' time.

This is good news for the profession, consolidating our place within the NHS. It also brings many challenges - including providing sufficient teaching and supervision, and, critically, a larger number of suitable placements for trainees to work in, especially in areas of the country where there are fewer CAPTs. In 2022 the ACP recruited a Training Development Lead to work on this and we now have a closer relationship with Health Education England (HEE, now part of NHSE) which is enabling us to try and communicate better to the NHS system that CAPT is a core profession and an essential part of CYPMHS.

In 2022 all the England training schools successfully tendered to HEE to deliver the training under the new scheme and there were no applications from new potential schools. The funding level was not what had been anticipated and is subject to ongoing discussions.

#### Role of ACP Regional Groups and pre-clinical courses

The ACP has brought its Regional Groups together, as well as the Leads of the preclinical courses, to think how to:

 Support CAPTs working in Trusts to "Grow your own" future CAPTs, by encouraging existing staff on Band 4/5 to undertake the pre-clinical course, especially in under-represented parts of the country;

- · Make the pre-clinical courses more accessible to all parts of the country; and
- · Improve the diversity and geographic spread of people applying to train.

#### Equality, Diversity and Inclusion

Jemima Phorson continues her work as National Equality, Diversity and Inclusion (EDI) lead for the profession, after HEE continued the funding for a second year. She is analysing barriers to train and helping pre-clinical courses to support a diverse range of students through to successfully apply to train. Bursaries are available again this year for students on pre-clinical courses from under-represented groups and parts of the country.

The ACP is also a member of the Coalition for Inclusion and Anti-Oppressive Practice in Counselling and Psychotherapy, which has developed a toolkit for anti-racist and anti-oppressive practice in training. We hope it will be useful to pre-clinical and clinical training programmes, their staff and their host organisations as well as within the ACP.

#### Alignment with the NHS Long Term Plan

Training Development Group has been revising the training standards for Child Psychotherapy (defined in the Quality Assurance Framework or QAF, as well as the Competence Framework, both of which can be seen on the <u>ACP website</u>. We are updating these to ensure they align with the NHS Long Term Plan, and to ensure they address issues of equality, diversity and inclusion.

#### Training during the pandemic

The pandemic has changed the nature of the training and continues to put a huge strain on trainees, teaching staff and supervisors. Training Council developed adjustments to the training standards in acknowledgment of this and these are still in place and can be seen <a href="here">here</a>.

#### Devolved nations

Building on the work of a strategy group of senior CAPTs in Scotland, the ACP won the tender from NHS Education Scotland to review the existing pathways and delivery models of CAPT training in Scotland and develop a proposal for how these can be improved. The hope is that this will lead to the commissioning of further work to expand the training and therefore CAPT workforce in Scotland. Positive conversations are also continuing in Wales and Northern Ireland.

#### Accreditation of Prior Learning

We have updated our procedures for allowing mental health practitioners who wish to become full members of the ACP and already meet some of the training requirements and competences but not all, to have a route to top up their training and experience.

#### There are sub-committees of Training Council:

- Trainee Registration Group oversees checking that potential trainees applying for registration as trainee members meet the ACP standards.
- The Training Analysts and Psychotherapists sub-committee oversees the approval of psychoanalysts and psychoanalytic psychotherapists as training analysts for trainees. It sets the standards for becoming a training analyst or therapist and communicates developments in the training to our pool of analysts. It is working to expand the pool of analysts in line with expansion of the training.

# SCIENTIFIC DEVELOPMENT COMMITTEE

The scientific development committee provides a lead for the scientific life of the ACP and child and adolescent psychotherapists in order to develop the profession and its practice.

#### **Role and Functions**

The SDC is currently reviewing its direction and structure following the departure of Marie Bradley as Director of Scientific Development and the transfer of some responsibilities to the ACP Community Matters Committee. Elena Della Rosa continues in post as Deputy Director. Currently the thinking is to increase the focus on collating and disseminating research and knowledge around child mental health and other mental health affiliated fields. Members are thinking about the best way to promote links with scientific research, scientific journals and keeping abreast of clinical thinking in child psychotherapy and more generally.

#### **Clinical Networks**

A key development this year has been the production of policy statements on the areas of work covered by four of the five clinical networks. The aim of these is to describe the role and contribution of child and adolescent psychotherapy to these vital areas of child and adolescent mental health and to describe for policy makers and commissioners what improved services should look like. The leaflets will be launched in 2023. The areas covered are child and adolescent psychotherapy for:

- Children and Young People in Local Authority Care
- Paediatric Physical Health Settings
- Children and Young People who are Refugees or Asylum Seekers
- Children and Young People in Schools and Colleges

Members of the clinical network for Paediatric Psychotherapy have also produced a statement on The Role and Contribution of Child and Adolescent Psychotherapists in the Neonatal Unit and have been meeting with the Neonatal Operational Delivery Network psychology leads to represent the voice of CAPTs in the development of new jobs across the country.

#### **Research Matters**

The new Research Matters Forum was successfully launched in February. The aim of the forum is to bring together child psychotherapists who want to learn more about research, to enhance their knowledge and skills and to find other colleagues who may be interested in similar topics for potential collaboration. The research carried out by members has been spurred by their clinical practice and interest in clinical issues. A discussion forum will enable dialogue on how to tackle clinical dilemmas and ethical practice in research. Two meetings of the forum have now successfully taken place and heard about research on 'Creating distance from adolescents' anger: psychotherapists' responses to conversational trouble in Short Term Psychoanalytic Psychotherapy' and 'How do we understand the underrepresentation of Black children and families accessing Child and Adolescent Mental Health Services?'

The major research event of the year was the publication of the new Systematic Review and Meta-Analysis of the Evidence Base for Psychoanalytic and Psychodynamic Interventions with Children Under 5 Years of Age and Their Caregivers. This was commissioned by the ACP from the Anna Freud National Centre for Children and Families and provides an important step forward in the development of knowledge in this field.

The Research Group are giving consideration to its aims, in light of the increased role and significance of research for the profession. Many of the core aims of the group have been realised over time: research becoming embedded in the trainings, research being given greater priority in the ACP as a whole, resistance to research thinking much lessened, the professional/clinical doctorates catalogued, and the Research Matters Forum established.

#### **Journal of Child Psychotherapy**

The Journal has a strong reputation as a peer-reviewed journal in the field of child mental health. Over the last year we have continued to keep to our publishing schedule and have focused on increasing the number and quality of submissions we get through writing workshops and other forms of outreach, including with our international community of child psychotherapists. This has strengthened our position considerably and we started the year with enough papers in preparation for all three issues of 2023. Now the Journal is on a surer footing, it is time to focus on planning for the future. With a view to succession, the Editor in Chief is reducing her hours in order to create a new Assistant Editor post, for which there were a large number of strong applicants. Once this appointment is made, the editorial team will be four strong, led by the Editor in Chief, who will be freer to focus on strategic aspects of that role. Maria Papadima and Rachel Acheson, as Journal Editors, will be leading on the production of each issue, supported by the new Assistant Editor. Our Journal Group continues to evolve and we are excited to welcome three new members this spring. We continue in our work with the Journal Advisory Board and International Representatives to establish an up-to-date working relationship with them.

#### **EFPP**

All ACP members are members of EFPP and Deidre Dowling acts as a link from the UK to Europe and vice versa, encouraging co-operation on research, clinical work and training. She is now joined by Malby Oliver as a second delegate. There are 35 member countries in the 4 sections, some well established like Switzerland, France and Germany and Estonia, and newer developing groups in Lithuania, Ukraine, and Russia. First Covid and now the war in Ukraine have generated much closer working relationships, each section meeting 3 times a year on Zoom to offer each other support, and share ideas, meetings of training institutes, and large group discussions of shared issues.

Members are welcome to attend a multitude of conferences in different countries organised under the umbrella of EFPP. Details can be found on the EFPP website. The next big event is a conference in Warsaw, Poland from 27- 29 September 2024.

The UK was very much in evidence at this year's delegates meeting in March. Nick Midgley won the EFPP bi-annual research prize. Lydia Tischler a founder member of EFPP was commended for receiving Times/Sternberg Active Life Award. Our EFPP representatives also presented work.

# **ACP COMMUNITY MATTERS**

ACP Community Matters is the committee which focuses on membership engagement and developing services and networks to support child and adolescent psychotherapists in their professional life.

#### **Role and Functions**

ACP Community Matters supports the membership to engage with each other and with the ACP as an organisation. ACP Community Matters has a dual meaning: the first is recognising the importance of a sense of community amongst ACP members; the second refers to how the community of the ACP connects and communicates with each other about important issues or areas of interest within the profession.

The ACP Community Matters Committee has an important function in that it ensures that all matters relating to membership and engagement identified through the AGM and/or through other forms of consultation are acted upon during the year. It reviews and acknowledges the experiences of the whole membership including those working in the NHS, third sector, private practice, overseas and non-working members. The ACP Community Matters Committee and its membership structure is currently under review by its new Director, Kate England, but maintains it focus on wider membership engagement through member communications, national & regional groups, the trainee forum, ACP Friends and focus groups.

#### **Member Engagement**

The ACP continues to communicate with the membership through the newsletter and Child Psychotherapy Matters magazine. We also communicate via email and social media to advertise jobs updates, events and articles of interest on a regular basis including through Facebook, LinkedIn, Twitter and Instagram. The ACP website continues to be a valuable source of information for members and is currently under re-development. Members can also join the ACP Facebook group which will connect you with wider members for social and/or other opportunities.

It is an ongoing priority to support members to be involved in the life of the ACP, have ownership in the structure of the organisation as well as gaining active enjoyment from being part of the community. There are ongoing engagement opportunities and designated roles within ACP Community Matters including ACP Friends, Trainee Forum, National & Regional Groups and focus groups that will be of interest to members for networking as well as for professional development and CPD.

The ACP actively seeks out the views of its membership to ensure that everyone's voice is heard and to understand about individuals' and groups' working experiences, interests and relationship with the ACP. A member survey was circulated between Dec 2022 – Feb 2023 which 254 members out of 1100 completed. The feedback from the survey will be shared with the membership and the ACP leadership is prioritising the establishment of a long-term strategy plan to inform the culture and structure of the organisation based on this review.

An additional form of consultation with the membership is through focus groups. In 2021, pilot focus groups were held to explore the needs of newly-qualified and retired members, which highlighted an interest in further forums and/or mentorship schemes. These will continue to be considered this year through ACP Community Matters, as well as other membership groups such as non-working and overseas.

#### **The ACP National & Regional Groups**

The national and regional groups initiative continue to develop and there are currently 7 groups within the UK who generally meet 2-3 times a year. These include Scotland, Northern Ireland, Wales, The North-East, Yorkshire & Humber, the North-West and South-West. The national and regional groups have been established for varying periods of time and have different identities and/or purposes which are decided by the membership of the group. Some groups come together to discuss shared clinical interests, informal peer supervision or supporting workforce development within their geographical areas such as increasing trainee placements, creating proposals for CAPT posts including preceptorships and working with PPNs. There is also an established national & regional groups forum that meets twice a year online and is chaired by the National & Regional Groups Lead. This forum is for the national & regional group chairs/leads to connect with each other, support on shared initiatives and feedback to the wider ACP.

#### **Trainee Forum**

The trainee forum is an online space where trainees from across the UK can connect to share experiences and discuss any matters of concern, which can be shared with the wider ACP. As part of the ACP Community Matters committee, there has also been a sub-group called 'the trainee engagement group', that supports and encourage trainees to become involved in the ACP. The trainee forum is currently under review by the ACP Community Matters Committee, to explore how this can be supported to develop further in the coming year.

#### **ACP Friends**

ACP Friends was launched in May 2022 following a period of development in 2021-22. Professionals interested in the work of child psychotherapists can pay a reduced fee to access resources and events associated with the profession. ACP Friends has proved to be a successful addition to the ACP with 36 members currently. ACP Friends have been able to access several online events such as the Autism workshop which proved very popular and gave good feedback. We have now launched the offer of supervision for ACP Friends. We are hopeful that this service will prove popular and that the experience of supervision with a CAPT will give ACP Friends a real sense of thinking and working psychoanalytically with children, and that this in turn will encourage some to go on to train as CAPTs. Additional benefits include access to the Journal, a special edition of the magazine and an ACP Friends section on the website.

#### **ACP Honoured Friends**

ACP Honoured Friends are those who have made a significant contribution to the profession, including 'lay' members of ACP committees and those who have provided teaching and support to the Child Psychotherapy training. ACP members will be able to nominate people they feel should be honoured by the profession. They will be a part of the ACP Friends category.

#### **Focus Groups**

During 2021 – 22 a focus group of parents from mixed work backgrounds and experiences was asked to look at the ACP website and to feed back their views as parents. They were asked about the 'Find a Child Psychotherapist' directory as well as the content and appearance of the ACP website. Their comments gave the ACP some helpful insights into what would be helpful to those looking for help. The parents are keen to support the work of the ACP more. This is a significant achievement as it is the first time the ACP has involved parents in this way.

# **GROUPS REPORTING TO THE ACP BOARD**

There are a number of groups working on priority areas that report directly to the board.

#### **Scrutiny Group**

The Scrutiny Group is comprised of lay Non-Executive Directors supported by the Vice Chair and reports at least annually to the Board. The focus of the group is on protecting the public and checking whether the systems that the ACP have in place are sufficiently robust that there can be confidence that the ACP as a Professional Association and Accredited Register is meeting this requirement. In 2022 the Scrutiny Group undertook to look into why it has been so difficult to recruit to crucial roles including Directorships and Vice Chair. Exit interviews were held with a number of members leaving such roles. The group recommended that the Board pay attention to improving role clarity, induction, support in role and feedback/appraisal. The Board welcomed these suggestions, some of which are already being acted on.

#### Diversity and equality working group (DEWG)

The DEWG has been meeting monthly for four years. The group is chaired by the Chair of the ACP and reports to the Board at least annually. Thinking emerging from the group was central to the development of the ACP's Diversity and Equality Plan and the collection of data on protected characteristics for registration, which was repeated in 2023 registration. Previous data was instrumental in helping to secure HEE funding for pre-clinical bursaries aimed at increasing access to the profession. The group tries to hold a position of uncertainty and questioning and attempts to create a space where there is the possibility of holding differing views and reflection. The group has also supported the Chair and CEO of the ACP in holding monthly Forum meetings for Black, Asian and Minority Ethnic members. Members of the DEWG have continued to participate in interviews for key roles in the ACP as well as joining panels for the accreditation of training schools. Reading groups for members working in different roles in the ACP have been running in the last year to support thinking in relation to equality and diversity across the organisation's work. The DEWG has also contributed to the thinking in relation to the development of an ACP Black, Asian and Minority Ethnic Leadership Mentoring Scheme.

#### **Communications Team**

The communications team meets monthly and supports the ACP's outward facing communications. We have continued to promote the activities of our members to the public as well as engaging with content from partners and supporting their campaigns online and through social media. The ACP continues to engage in awareness campaigns which has led to further opportunities with the media to share aspects of our clinical work and an increased awareness of the different settings that CAPT work in. Members have been interviewed for local press, radio and there has been some national coverage as well as regular contributors to Annalisa Barbieri's column in the Guardian. We also promote the profession and training courses through the annual Friends of ACP magazine to non-child psychotherapists who may become future members. This is all made possible by the hard work of the dedicated Communications Team and ACP members who participate by being interviewed.

#### **Finance and Remuneration Group**

The remit of this group is to advise the Board on all aspects of the financial running of the ACP and to oversee the HR functions. The group meets monthly, and the minutes of the meeting go to the Board.

#### **Climate Change Working Group**

This group is working on bringing together evidence of the impacts of climate change on the mental health of children and young people and what can be helpful in facing the climate and environmental emergency and its impacts. The group made a presentation at the 2022 Annual Conference, and will be part of the 2023 conference as well. Pieces have been also published in the Child Psychotherapy Matters magazine.

#### **ACP Events Programme and Events Planning Group**

The ACP Events Programme is developed and managed by the Community and Events Manager (0.3 FTE). The Events Planning Group meets monthly to agree proposals and resources to deliver events that align with ACP's strategic aims. The events/CPD that took place in 2022-23 offered a mixed programme (see below) of content with a lot of positive feedback from members who attended (evidenced by feedback form data).

The Events/CPD programme for 2023 is linked to ACP strategy with a focus on professional standards, leadership, and the new Research Matters Forum (free events). The programme is also designed to be of interest to members with varied areas of interest or specialism. As the landscape has changed, following the impact of the pandemic, in person and hybrid events are becoming more standard, but add complexity and costs. Plans for a hybrid conference in 2023 will test ACP members' interest in attending in-person/hybrid events.

#### The following is a list of events held between June 2022 – July 2023

Series / Event Title	Date(s)	Total Participants
ACP Conference 2022	June 2022	262
Clinical Dialogues with Don Campbell and Lisa Miller	October 2022-March 2023	19
Free event - Systematic Review for work with children under 5	October 2022	108
How to Write for Publication: Free writing workshops	October 2022 - March 2023	15
Safeguarding Level 3 Training	October 2022-March 2023	98
Watch Me Play!	March 2023	80
Work Discussion Group for Supervisors	October 2022-July 2023	35
Work Discussion Group for Qualified Members	October 2022-July 2023	9
Working with the Parental Couple	October 2022-July 2023	9
ACP Focus on Diversity: The Psychological Effects of Racism	November 2022	107
Research Matters Forum	February & April 2023	66
Working with Risk & Adolescents	May 2023	107

#### With thanks to event facilitators:

Rachel Acheson; Teresa Bailey; Michela Bise; Kevin Booth; Marie Bradley; Alison Bruce; Don Campbell; Jocelyn Catty; Eleni Chourdaki; Anna Cohen; David Cornelius; Simon Cregeen; Alexandra de Rementeria; Elena Della Rosa; Peter Elfer; Verity Emanuel; Jo Goldsmith; Lydia Hartland-Rowe; Joan Herrmann; Debbie Hindle; Katy Hole; Kenisha Jackson; Sean Junor-Sheppard; Monica Lanyado; Valentina Levi; Katie Lewis; Elizabeth Li; Deborah Loxton; Jillian MacKenzie; Rita Maroun; Jessica Martin; Lucia Mathes; Sheila Melzak; Nick Midgley; Lisa Miller; Sheila Miller; Victoria Nicolodi; Emily Nightingale; Maria Papadima; Isobel Pick; Maria Pozzi; Gretchen Precey; Kate Purdy; Bernard Roberts; Margaret Rustin; Becky Saunders; Bridget Scott; Rinat Shemesh; Mary Short; Michelle Sleed; Ben Stambler; Julie Trice; Jane Turner; Nikolaos Tzikas; Isabella Vainieri; Alex Volovisky; Jenifer Wakelyn; Ivan Ward; Ferelyth Watt.

# CURRENT COMMITTEE, SUB-COMMITTEE AND GROUP MEMBERS

This is the full list of people who are members of ACP committees or who undertake specific roles for the ACP.

#### **ACP Board**

#### **ACP Board**

Olatayo Afuape (CAPT NED); Sarah Gilmour (Lay NED); Jo Goldsmith (Director of Professional Standards); Kate England (Director of ACP Community Matters); Kath Hinchliff (Lay NED); Claire Hopkins (Director of Finance); Anne Hurley (Director of Training); Anjum; Iqbal (Lay NED); Isobel Pick (Interim Director of Training); Janine Sternberg (CAPT NED); Nick Waggett (CEO).

#### **Communications Group**

Helen Breakwell; Kate England; Maya Flexer; Jessica Jarmon; Claudia Moselhi; Nick Waggett.

#### **Communication and Rapid Response Team**

Helen Breakwell; Jane Elfer; Kate England; Maya Flexer; Claire Hopkins; Matthew Jenkins; Ryan Lowe; Rachel Melville-Thomas; Claudia Moselhi: Nick Waggett.

#### **Climate Change Group**

Megan Bennett; Liz Bodycote; Marie Bradley, David Cornelious; Peter Elfer; **Joan Herrmann** (**Lead**); Leslie Ironside; Gen Lowes; Diane Maybey; Emily Nightingale; Isobel Pick; Janet Sherrard; Maria Eugenia Valdivia Rossei; Rachael Winstanley.

#### **Diversity and Equality Working Group**

Becky Hall; Phillip McGill; Lorraine Mcleod; Gautami Parek; Sonia Stephenson; Nikolaos Tzikas; **Nick Waggett (Chair)**.

#### **Finance and Remuneration**

Claire Hopkins (Chair); Jessica Jarmon; Nick Waggett.

#### **Scrutiny Group**

Sarah Gilmour; Kath Hinchliff; Brian Waring.

#### **Professional Standards**

#### **Professional Standards Committee**

Francesca Calvocoressi; **Jo Goldsmith (Chair)**; Eve Grainger; Jessica Jarmon; Louise O'Dwyer; Helen Ritzema; Bridget Scott.

#### **Registrar/Deputy Director of Professional Standards**

Louise O'Dwyer.

#### **Continuing Professional Development**

Louise O'Dwyer (CPD Lead).

#### **Employment Standards Group**

Andrew Dawson; Lynda Ellis; Eve Grainger (Chair); Julia Mikardo; Janine Tully

#### **Ethical Practice Group**

Carol Alpin (Lay member); Erica Bradley (Lay member); Kathie Burke (Lay member); Sue Byrne (Lay member); **Jo Goldsmith (Chair)**; David Hadley; John Halford (Lay member); Kim Issroff (Lay member); Katie Lewis; Julia Mikardo; Mary Penwarden; Emily Ryan; Jennifer Temkin (Lay member).

#### **Independent Practice Group**

Paul Bell; Tessa Dally; Adam Duncan; Carolyn Hart; Joanne Higgins; Katie Lewis; Elena Margedan; Lucy Mills; Julian Moorman; Shirley Ogilvie; Caroline Palmer; Louise Pivcevic; **Helen Ritzema (Chair)**; Belinda West.

## **Training Council**

#### **Training Council**

Jeremy Gunson; Anne Hurley (Chair); Jill MacKenzie; Selina Perocovic (Accreditation of Prior Learning); Isobel Pick (Chair); Kate Purdy; Jessie Woods.

#### **Training Development Group**

Kevin Booth; Sarina Campbell; Lynne Conway; Eve Grainger; Jeremy Gunson; Jill MacKenzie; Phillip McGill; Elizabeth Murphy; Selina Perocovic; **Isobel Pick (Chair)**; Rajni Sharma; Gillian Sloane Donachy.

#### Trainee Registration Group

Kate Purdy; Jessie Woods.

## **Scientific Development**

#### **Scientific Development Committee**

Helen Breakwell; Elena Della Rosa (Deputy Director of Scientific Development); Alexandra De Rementeria; Claudia De Sampaio Campos; Deirdre Dowling; Grace Jennings; Susan Kegerreis; Sheila Levi and Julian Moorman.

#### **Child Psychotherapy Matters Magazine Team** (*Previously Bulletin Team*)

Maxine Allen; Helen Breakwell; Juliette Flower; Adam Goren; Claudia Goulder; Louise O'Higgins.

#### **Journal of Child Psychotherapy Editorial Team**

Rachel Acheson; Lynne Amidon; Marie Bradley; Krisna Catsaras; Alexandra de Rementeria; Maeve Doherty; Robert Fleming; Lucy Mills; Malby Oliver; Caryn Onions; Maria Papadima; Miranda Passey; Kate Purdy.

#### **Clinical Network Leads**

**0-3** (Silvina Diaz Bonino & Becky Saunders); **Care Experienced Children and Young People** - previously Adopted and Looked After Children (Ruth Thomas); **Child Psychotherapy in Schools** (Claire Hopkins); **Pediatrics** (Andrea Pedraz); **Refugees**.

#### **Research Group**

Holly Dwyer Hall; Sarah Hartley; Susan Kegerreis; Sheila Levi; Arianna Pulsoni.

#### **Interest Groups Leads**

Father's Group (Andrew Briggs)

# **ACP Community Matters**

ACP Community Matters Committee (Previously Operations & Liaison Committee)
Helen Breakwell (Events and Community Manager); Kate England (Director of ACP Community Matters); Maya Flexer (Social Media Lead); Jessica Jarmon (Business Manager).

#### **Regional and Devolved Nations Group Leads**

**North-East** (Emma Brooks); **Northern Ireland** (Andrew McGibbon and Angela ORawe); **North-West** (Faye Brierley and Anna Spedding); **Scotland** (Joanne Young); **South-West** (Angharad Howell); **Wales** (Tanya Leonard and Julie Wallace); **Yorkshire and Humber** (Sam Zappardi and Joanne Higgins).

#### **Trainee Forum**

The Trainee Forum is currently under review to be reinstated from the next academic year.

## **Union Reps**

Danny Goldberger and Selina Perocevic.

# THANK YOU AND GOODBYES

The following people have stepped down or ended their term as a member of an ACP committees or from a specific ACP role. Many thanks to all of them for their contribution to the organisation and the profession.

#### **Kate Robertson**

ACP Board; Communication Team; Diversity and Equality Working Group; Event Planning Group

#### **Marie Bradley**

ACP Board; Event Planning Group

#### Francesca Calvocoressi

Director of Professional Standards; ACP Board

#### Anna Spedding

Deputy Director of Training Council; Training Development Group

#### **Brian Waring**

**ACP Board** 

#### **Rachel Abedi**

Diversity and Equality Working Group

#### **Geraldine Crehan**

**Ethical Practice Group** 

#### **Elizabeth Francis**

Journal Editors and Editorial Group

#### **Christine Kibbey**

**Ethical Practice Group** 

#### **Kate Lewis**

**Employment Standards Group** 

#### **Sarah Peters**

Journal Editors and Editorial Group

#### **Geoffrey Rivlin**

**Ethical Practice Group** 

#### **Graham Shulman**

**Employment Standards Group** 

#### **Fergus Smith**

**Ethical Practice Group** 

#### **Robin Solomon**

Training Council; Training Development Group

#### **Ben Stambler**

Clinical Dialogue Planning Group

#### **Alex Volovisky**

Clinical Dialogue Planning Group