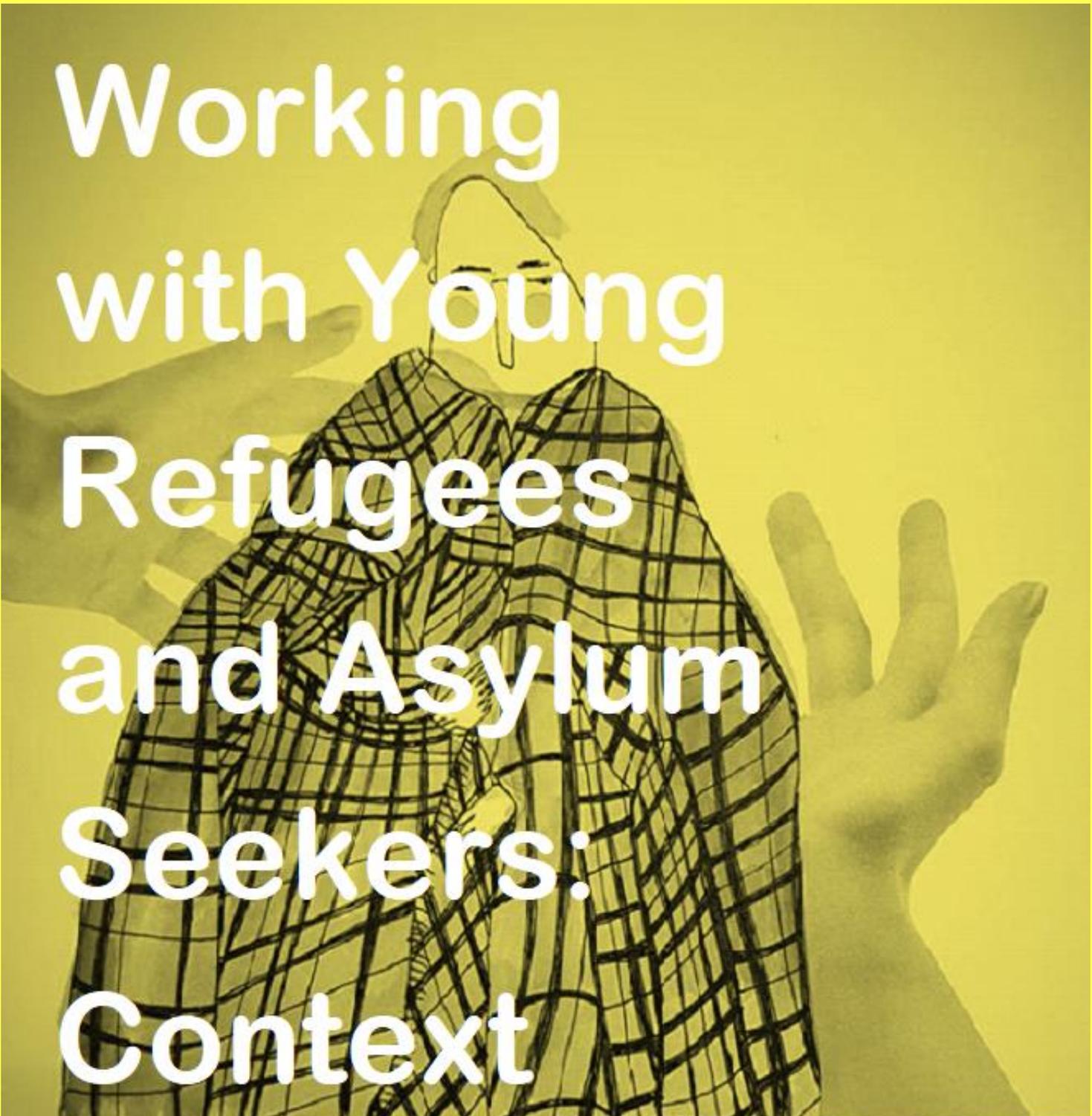


One day conference hosted by
the Association of Child
Psychotherapists
30 November 2018

ACP
Association of Child
Psychotherapists

An illustration of a person wrapped in a checkered blanket, being held by several hands. The person is depicted in a simple, sketchy style. The background is a light yellow-green color. The bottom of the image shows a dark, wavy surface representing water.

**Working
with Young
Refugees
and Asylum
Seekers:
Context
and Content**

Working with Young Refugees and Asylum Seekers: Context and Content

30 November, 9-5pm

Lewis Suite, Resource for London, Holloway Road, London N7 6PA

Lunch and refreshments provided

Standard Rate: £95
Student/Trainees: £80

[Book your place here](#)

Speakers include: Sarina Campbell, Derek Dyer, Susannah Fairweather, Rayhah Feldman, Mitchell Harris, Selam Kidane, Hayley Lawrence, Vicky Lynch, Sheila Melzak, Eithne Nightingale, Korina Soldatic and Ferelyth Watt

About the event

This event is open to all interested in and working with this client group.

This event brings together Child psychotherapists, social workers, clinical psychologists, social anthropologists, NGO's and film makers to debate and think about the needs of young refugees and asylum seekers.

Given the particular needs of this group and the wider systemic issues, it is crucial that disciplines come together to share ideas and experience to best develop work and thinking in this area.

At the event we will:

- Discuss the complexities working with this patient group entails
- Consider what practitioners may need to think about outside of main clinical aspects
- Provide support for practitioners to best meet the needs of the child/young person
- Provide insight and an analytic frame to the therapeutic and emotional needs of this patient group
- Explore some of the clinical themes emerging from this patient group

About the Speakers

Sarina N Campbell is Course Lead for Psychological Therapies with Children, Young People and Families at the Tavistock and Portman NHS Foundation Trust. She is a child and adolescent psychotherapist and service supervisor in the Family Mental Health Team at the Tavistock. She also manages a Training Skills Escalator there to promote the development of students from diverse backgrounds. She has particular interests in working with adolescents and with groups and an extensive background of setting up and running therapeutic projects in schools.

Derek Dyer has been working with young people in public, private and voluntary sector setting for over 20 years. He is currently one of two Team Managers for Looked After Children in the London borough of Camden and is a part time lecturer in childcare legislation. Camden as a port authority has been central to the statutory response to unaccompanied asylum seekers and refugees and Derek brings to the conference experience of working with the home office, Police and voluntary sector partners to deliver grass roots services

Dr Susannah Fairweather is a Consultant Child and Adolescent Psychiatrist. Since 2013, she has worked at the Tavistock and Portman NHS Foundation Trust. She is the Clinical Lead and Team Manager for the Returning Families Unit, a national specialist mental health service commissioned by the Home Office for British national families returning from the Syrian conflict. In addition, she is the Consultant Psychiatrist for the Refugee Team and Children with Disability Team, though is currently on a career break from these two teams following maternity leave. She has worked closely with the Local Authority and Paediatric colleagues to insure all health needs of unaccompanied minors are met.

Dr Fairweather is a member of the working party for asylum seeker and refugee mental health at the Royal College of Psychiatrists.

She is regularly instructed as an expert witness in the civil courts and Asylum and Immigration Tribunals. She has undertaken expert witness assessments in the UK and internationally. Since 2015, she has been instructed by leading Human Rights lawyers working with Safe Passage to undertake, organise and supervise pro-bono medico-legal assessments by psychiatrists and psychologists on children and vulnerable adults who have the legal right under Dublin III regulation ECHR to be reunited with their families in the UK. The majority of this occurred in the Calais informal migrant camp – the “jungle” but now continues as needed across Europe, particularly in France, Italy and Greece.

Dr Fairweather is a Clinical and Educational Supervisor in psychiatry for the London Deanery. She provides training and supervision of junior psychiatrists in the assessment of the psychiatric consequences of trauma and in medico legal report writing.

Rayhah Feldman

Mitchell Harris is an award-winning filmmaker who established himself independently before graduating from Queen Mary University of London in 2014. Mitchell’s experience of editing and producing films and other media is wide ranging - from the secretive corridors of 10 Downing Street to comedy on Amazon Prime and Borough Market’s Soul Food web series. With Eithne Nightingale he has developed Child Migrant Stories, a website and several migration related films. He is also a trumpeter, and in his spare time plays with various bands and orchestras across London.

Selam Kidane is currently conducting research into collective trauma in conflict and crisis communities, looking at the impact of trauma on former LRA victims in Uganda and victims of human trafficking from Eritrea. The research aims to develop and test an IT assisted trauma support for individual victims and their communities. The data for the research was gathered in: Northern Uganda, Ethiopian refugee camps for Eritrean refugees, South Tel Aviv. Also developing mental health and wellbeing initiatives for refugee communities in London, including the training, development and support of mental health support workers from the Somali, Tamil, Nepali, Eritrean and Ethiopian communities.

Hayley Lawrence I qualified this year as a Child and Adolescent Psychoanalytic Psychotherapist from the Tavistock and Portman NHS Foundation Trust. My 4-year training placement was within Portsmouth CAMHS where I developed an interest in working with children who had experienced early trauma. It was here my specialism of working with looked after and adopted children grew. It was during this placement that I also had the opportunity to begin working with unaccompanied minors and my interest in this area progressed to where it is today. Before working as a psychotherapist, I was employed in a range of setting with young people including schools; learning disability units; residential foster care homes; supporting families in their homes with their children; and, in a paediatric hospital unit.

Vicky Lynch is a Child & Adolescent Psychotherapist currently working in a Looked After Children Team and a primary schools outreach team in Newham CAMHS, east London. Before training Vicky worked for many years in a range of therapeutic roles with young people and families - in schools, hospitals, a therapeutic community, a prison, and the voluntary sector. A core part of her current role includes providing consultation to professionals in social care and in schools, as well as working clinically with children and families. She has developed a specific interest in applied ways of working, and of psychoanalytic approaches to trauma.

Sheila Melzak works as a Consultant Child and Adolescent Psychotherapist and as Director of the Baobab Centre for Young Survivors in Exile. This is a small charity with a holistic and integrated approach that runs as a non-residential therapeutic community for young survivors of violence and child and adolescent specific human rights abuses who have been separated from their families.

The Baobab Centre works currently with young people from 25 different countries and offers individual and group psychotherapy, various therapeutic group based activities such as music, philosophy and climbing. We offer practical help in accessing housing, education and benefits and prepare specialist clinical reports in order to support the asylum claims of our community members.

Sheila is particularly interested in understanding the mental health and developmental issues for young people who have been separated from their parents and families after experiences of violence and in the dynamic between the development of resiliencies and vulnerabilities and in ways to enable young survivors of violence to integrate their nourishing and their difficult experiences.

Eithne Nightingale has over 30 years' experience of working with diverse communities in equal opportunities and within both the education and museum sectors. She was Head of Community and Adult Education in Hackney before she became Head of Equality and Diversity at the V&A. She is currently following a part-time PhD on child migration to East London at Queen Mary University of London, linked to the V&A Museum of Childhood. She has worked in collaboration with research participants, supported by Mitchell Harris in the development of a website, films and public engagement programme childmigrantstories.com. This won QMUL's Centre for Public Engagement Interact Award 2017. One of the films, "Ugwumpiti" was nominated for the AHRC's Best Research Film presented at BAFTA in 2017. She and Mitchell Harris have made 20 short films related to migration during the last three years. Eithne is also a writer and photographer.

Dr Laura Salvo is a Clinical Psychologist who works at Newham CAMHS. She has been working partly in the Looked After Children team at Newham CAMHS for the past five years but has also worked across a number of other teams in the service (e.g. Front Door team, Emotional & Behavioural team, Learning Disability and Autism team). Laura has a special interest in narrative approaches and their use in working with the effects of traumatic experiences.

Korina Soldatic qualified last year as a Child and Adolescent Psychotherapy. After finishing her undergraduate and masters' degrees in Developmental Psychology in Trieste, Italy, she moved to London where she worked at the Brent Centre for Young People for four years before starting the professional training. During her psychotherapy training she was based at the Refugee Team and Adolescent Service at the Tavistock Clinic, where she developed a particular interest in working with unaccompanied asylum seeking minors and is developing a doctoral project focusing on the particular issues professionals experience while working with this population.

Ferelyth Watt came to child psychotherapy via youth work and teaching. Since qualifying she has worked in Hillingdon, Tower Hamlets and Haringey- where she is now lead Child & Adolescent Psychotherapist. Ferelyth joined the multi-disciplinary group at Baobab, offering liaison and networking, welfare and legal advice, psychotherapies of various kinds, music, group work, teaching and mentoring.

Ferelyth has also worked in a private capacity offering consultancy to schools, voluntary sector agencies and individuals. She has a keen interest in young people with complex needs such as ASD and trauma, cross-cultural psychotherapy and the application of psychoanalytic concepts in non-clinical settings. She is also interested in building on her Doctorate which explored the lived experience of Bangladeshi parents in relation to their understanding about the emotional development of their children under 5 years.

Programme

9-9.30	Tea/Coffee/Arrival
9.30-9.40	Welcome and introductions
9.40-10.30	What do we need to think about? Setting the Context: Uncovering the difficulties of working in this area Sheila Melzak and Ferelyth Watt
10.30-10.50	Break
10.50-11.50	Sharing life stories on child migration Eithne will introduce her research into child migration, under the age of 18, to East London from 1930 to the present day. This draws on intensive, qualitative life history interviews, drawing activities and walking interviews with 35 research participants of different ages — both those who have migrated with, or to join, family members and those who have migrated on their own.

She and Mitchell Harris, fellow filmmaker, will screen a selection of short films co-produced with research participants; reflect on the healing potential of people telling their stories both in person and through film and discuss responses of both migrant and non-migrant audiences.

See www.childmigrantstories.com

Eithne Nightingale and Mitchell Harris

11.50-12	Comfort break
12-12.45	Outside the consulting room Understanding the asylum process Susannah Fairweather
12.45-1.30	Lunch
1.30-2.30	Accompanying and Navigating, Psychotherapy with an Unaccompanied Minor Sarina N Campbell
2.30-2.45	Break
2.45-3.45	Working with Others Navigating services and differing perspectives Derek Dyer, Rayhah Feldman, Vicky Lynch and Laura Salvo
3.34-4pm	Break
4-5pm	Research UAMs in CAMHs Exploring the challenges for the care network of providing therapeutic support for Unaccompanied Asylum-Seeking Children The session will cover Hayley Lawrence's research proposal and ethics journey, recruitment, data collection and a brief overview of the findings to date – in conversation with Rayhah Feldman, Selam Kidane and Korina Soldatic Selam Kidane, Hayley Lawrence and Korina Soldatic

