

ACP

Association of Child
Psychotherapists

ANNUAL REPORT 2021-2022

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CHAIR'S REPORT – Kate Robertson

It is both a pleasure and privilege to be introducing the annual report which highlights the significant achievements of the ACP over the last year. The ACP has weathered the uncertainties of the pandemic well and has remained a robust organisation during these testing times, continuing to play a pivotal role in maintaining standards, supporting members and promoting child psychotherapy as a core profession in child mental health.

The ACP Board

As the Chair of the ACP, I am the Chair of the Board of Directors which is responsible for the strategic direction and development of the organisation. All the work undertaken by the ACP is underpinned by our [strategic objectives](#). The Business Plan (which can be found [here](#)) is also agreed by the Board and is formulated in line with these strategic directives.

The central functions of the Board are:

- To put systems in place to ensure that members are meeting the standards set by the ACP so that the public can be reassured that all its registrants are fit to practise.
- To promote the work of psychoanalytic child and adolescent psychotherapists and the development of the profession.
- To set the strategic direction for the ACP and to monitor achievement against goals set.
- To ensure that the ACP is meeting the regulatory requirements of the PSA.
- To ensure that the ACP is operating within the legal framework required of a company limited by guarantee.

Strategic direction and priorities

As can be seen from the [Business Plan](#), and the reports from the Committees in this Annual Report, the work of the ACP has grown substantially over the last few years. This is partly due to the demands placed on the profession by increased regulation but has also been due to the ACP, as the professional body, working hard to ensure that the child psychotherapy training continues to be funded by the NHS, to secure the future of the profession. While this was agreed in principle in 2020, the demands have continued to grow, as the profession is collectively tasked with ensuring we meet the agenda of expansion as set out in the NHS Long Term Plan.

In addition to meeting this national agenda, and the regulatory functions of the ACP, the ACP Board agreed the organisation would prioritise its work on diversity and the organisation continues to work to the Diversity and Equality Plan which can be found [here](#). There is much more to do, but of note this year, has been the development of the ACP Diversity Statement which has been agreed by all the ACP committees (and can be found [here](#)) and the continued attendance of myself and Nick Waggett, CEO, at the monthly Forum for Black, Asian and Minority Ethnic members. This has involved both of us hearing about experiences which have moved, troubled and shocked us and has also helped us to get to know members who attend the Forum regularly. The initial learning from these meetings has been shared within the ACP committees and disseminated more widely to the Training Schools. The ACP

Board and staff team also participated in diversity training and consultations with the Board will be ongoing.

In his introduction Nick Waggett outlines other areas of work we have contributed to during the year. Below are the groups and committees which support this work. The ACP is doing a lot, and this year Nick Waggett and myself have been conducting an internal review to help us think how best to manage resources and re-prioritise work. One outcome of the review is that the strategic and operational functions within the organisation have been separated (with operational issues being taken up by the Executive) and we have strengthened the relationship between the Executive meetings and the Board. This has gone some way to improving communication between different committees and across the organisation, which is essential for us all to work more effectively.

Connecting across Regions and Nations

Most of the ACP's work continues to take place on-line, although the core staff team now go into the office once a week. Remote working, while necessitated by the pandemic, has had the unexpected benefit of improving the ACP's communication with our members, enabling a better connection across the regions and the devolved nations which we have continued to build on, particularly with our CPD programme, which has gone from strength to strength this year. Details of the courses and events we have run this year can be found on page 18.

I would like to take the opportunity to thank everyone involved in the ACP committees for their continued contribution to the organisation, most giving their time for free. The list of members involved in the ACP and their respective roles can be found on page 19.

I'd also like to thank the members of the Board, who challenge us and help us to work together in a friendly and thoughtful way to meet the challenges we face.

On a different note, as Nick Waggett has also acknowledged, we are aware how hard members are working in all sectors - the NHS, the third sector and in Independent Practice. The pandemic has laid bare the lack of investment in the public sector, which is affecting all of us, albeit in different ways. Occasionally we hear about members applying themselves to something different to their usual work which I think helps to transport us and lift all our spirits. I reported in the last newsletter that Nick Midgley had a play on the radio about James Joyce's relationship with his younger brother. If you missed this, you can listen to it [here](#).

Many thanks to our staff team Helen, Jessica, Nick and Zaira (and to Leanne and Lydia who have now left) who bring a degree of professionalism and commitment to their roles which we depend on, not only to keep the organisation running smoothly but also to enable the organisation to continue to develop.

I'd also like to thank our executive directors who work very hard, and all carry a great deal of responsibility wisely and collaboratively. Our non-executive directors carry the responsibility of being on the Board without remuneration.

CEO'S REPORT – NICK WAGGETT

The role of the CEO of the professional body for child and adolescent psychoanalytic psychotherapy in the UK is broad and varied. However, the ACP's primary responsibility is to maintain the accredited register of child psychotherapists who continue to meet our standards. Working with the Registrar, Louise O'Dwyer, to deliver this is a major part of the work done by Jessica Jarmon and Zaira Lorefice in the ACP office. We have had some staff changes this year that have meant that an increased level of responsibility and workload have fallen on Jessica and I am extremely grateful for her continuing hard work and professionalism. We have recently been joined by Helen Breakwell as Community and Events Manager to develop the expanding events and CPD programme as well as increase membership engagement and support.

One area I take the lead on is liaison with the Professional Standards Authority. This year we responded to a new PSA assessment of 'public benefit' which involved providing evidence that the activities carried out by registrants are likely to be beneficial, as well as that any risks are justifiable and appropriately mitigated by the register's requirements for registration. We were also asked by the PSA to be the pilot site to test how Accredited Registers can access higher-level DBS checks on behalf of its registrants in independent practice who do not have an employer that can process these checks. We are grateful to the 30 members who volunteered to take part in the pilot.

Increasingly we are emphasising the centrality of equality, diversity and inclusion to professional practice and changes to 'The Code' later this year will be an important milestone in our work to reduce discrimination and develop an inclusive and diverse profession able to meet the needs of the whole community. This in turn will provide a stronger basis on which to promote the profession and increase access to its services across the public, third and independent sectors.

Key to this has been, and continues to be, ensuring that we are seen as a core profession in the NHS. The funding of the clinical training in England and Scotland is absolutely dependent on recognition of our core contribution to infant, children and young people's mental health services. Progress is being made to similar status in Wales and Northern Ireland and in the latter I have been helping Deirdre Meehan write a business case for a training school in Belfast. In England, the recently announced Health Education England post of Programme Manager for CAPT Training Development is a major endorsement of the value of the profession and the need to expand the NHS workforce.

An ongoing concern is that government policies and service designs are conducive to the safe and effective provision of child and adolescent psychoanalytic psychotherapy. Kate Robertson and I therefore try, as best we can within limited resources, to respond to consultations. In the last year, this has included government proposals to ban conversion therapy, the Cass review of gender identity services, the NICE guideline on looked-after children and young people, a Wales workforce plan and a consultation on the criteria for statutory regulation of healthcare professions.

We recognise that the environment continues to be challenging for many, whichever sector you work in, and especially as we start to come out of the pandemic. As a small profession, the role of the ACP as the professional body, working with and for its members, is incredibly important. I hope this annual report demonstrates a robust and vital organisation that supports the profession, but which is only able to do so with invaluable contributions from members (and also lay people) who volunteer for Director and officer roles or to sit on committees and working groups. I would encourage all members to consider how they might help in this way.

GROUPS REPORTING TO THE ACP BOARD

There are a number of groups working on priority areas that report directly to the board.

Scrutiny Group

The Scrutiny Group is comprised of lay Non-Executive Directors supported by the Vice Chair and reports at least annually to the Board. The focus of the group is on protecting the public and checking whether the systems that the ACP have in place are sufficiently robust that there can be confidence that the ACP as a Professional Association and Accredited Register is meeting this requirement. In January 2021 the Scrutiny Group started a review of the ACP's approach to diversity. A report was subsequently presented to the Board in November 21. The report noted that significant progress had been made within the ACP in relation to the organisation's approach to diversity and recommended a dedicated review with the Exec Group to ensure a broad level of understanding across the organisation with the view to developing a plan which can be more easily implemented.

Diversity and equality working group (DEWG)

The DEWG has been meeting monthly for three years. The group is chaired by the Chair of the ACP and reports to the Board at least annually. The thinking emerging from the group was central to the development of the Diversity and Equality Plan and the collection of data on protected characteristics for registration, which will be repeated in 2023 registration. Previous data was instrumental in helping to secure HEE funding for pre-clinical bursaries aimed at increasing access to the profession.

The group tries to hold a position of uncertainty and questioning and attempts to create a space where there is the possibility of holding differing views and reflection.

Over the last year the group has been central to the development of the ACP's response to the government consultation on a ban on a conversion therapy and the development of an ACP statement on diversity which can be found [here](#). The group has also supported the Chair and CEO of the ACP in holding monthly Forum meetings for Black, Asian and Minority Ethnic members.

Members of the DEWG have continued to participate in interviews for key roles in the ACP. A clinical supervision group for members working with children and young people with gender dysphoria in young people has been running for almost a year. The aim of this and similar groups is to facilitate thinking in relation to psychoanalytic clinical work for our members.

The DEWG has also contributed to the thinking in relation to the development of an ACP Black, Asian and Minority Ethnic Leadership Mentoring Scheme.

The COVID Response Team

The COVID Response team brought together the Directors; chairs of sub-committees; ACP staff and the Union to think about the ACP's response to the pandemic and how to support members. The Chair of the ACP chaired this group which was meeting monthly until February 22. The group will reconvene if necessary.

Events Planning Group

The events planning group meets monthly to support the Community and Events Manager to develop and implement the agreed-upon programme of CPD and training, including prioritising resources to ensure that our programme meets the ACP's strategic aims. It remains a priority of the ACP to develop events and training courses for our members.

The ACP has continued to offer on-line events and training which has enabled the expansion of our programme to support members' CPD and professional development. Please see page 18 for a list of all the courses and events that the ACP has organised this year. Proposals for events and training are generated from across the ACP's groups and committees.

External Communications Group

This group meets monthly and supports the ACP's outward facing communications. We have continued to promote the activities of our members to the public as well as engaging with content from partners and supporting their campaigns. In particular, the ACP has actively engaged in awareness campaigns which has led to further opportunities with the media to share aspects of our clinical work and an increased awareness of the different settings that members work in. Members have been interviewed for local press, radio and there has been some national coverage and have been regular contributors to Annalisa Barbieri's column in the Guardian. This work is made possible by the hard work of a dedicated team within the ACP and members who are willing to put themselves forward to be interviewed.

Finance and Remuneration Group

The remit of this group is to advise the Board on all aspects of the financial running of the ACP and to oversee the HR functions. The group meets monthly, and the minutes of the meeting go to the Board.

Task and Finish Groups

The membership of these groups is drawn from different committees within the ACP and members who join the groups when expertise in a particular area is needed. A list of members of these groups can be found on page 19.

Statutory Regulation Group

This group was tasked by the ACP Board to explore the issues in relation to statutory and voluntary regulation in the current context. The group was structured around exploring the pros and cons of statutory regulation and the pros and cons of remaining within the PSA's Accredited Registers programme. A report was written outlining these with the view to putting this to members at an appropriate time. Overall, the group favoured statutory regulation but the external landscape keeps shifting with contradictory indications from government on their willingness to consider further regulation. It was therefore not felt necessary to put a decision to the membership at this time. An outstanding issue being considered is the impact on the profession and the ACP as an organisation if CAPT were not required to be members of the ACP and the ACP had a reduced role in standard setting with potentially less capacity to influence the direction and development of the profession.

The ACP response to the government consultation on healthcare regulation incorporated feedback from the group.

Complexity Group

The ACP campaign group set up a task and finish group drawn from the membership to try to help the profession define what we mean by complexity and how services such as CAMHS understand complexity. A report was written by the group which can be used to inform commissioners and used to develop a service model for CAMHS and other child mental health services. A summary report was included in the latest ACP Bulletin.

Cass Review Expert Reference Group

The purpose of the ERG is to gather evidence of the work currently being undertaken by Child and Adolescent Psychotherapists in multi-disciplinary services for children who are questioning their gender identity or experiencing gender incongruence and to use this as the basis for commenting on and inputting to the Cass Review to ensure the review is informed by the psychoanalytic understanding and experience of CAPTs. An interim report was published in March 2022 and we are currently considering a response.

ACP involvement in SCoPED (Scope of Practice and Education) Project

SCoPED aims to map the training requirements, competences and scope of practice for the psychotherapy and counselling professions. Originally developed by BACP, BPC and UKCP a draft framework mapping existing standards and practice requirements for work with individual adults (relevant to Child and Adolescent Psychotherapists given that we work up to age 25) was published in January 2019. In November 2020 a further four Accredited Registers, including the ACP, agreed to contribute to the project.

The Board decided that the ACP should join the project as it is important to collaborate with the other counselling and psychotherapy Accredited Registers on developments in the profession. However, in October 2021 we made the decision that, although we work up to age 25, ACP Child and Adolescent Psychotherapy will not be included in the framework. We have agreed with the SCoPED partners that the ACP will continue in the capacity of observer to the process and support the ongoing work of the SCoPED partnership. A new iteration of the framework was published in January 2022. You can find this [here](#).

PROFESSIONAL STANDARDS COMMITTEE

The professional standards committee has responsibility for setting and monitoring the professional standards for the work of child and adolescent psychotherapists.

Role and Functions

The Professional Standards Committee (PSC) has a wide remit and has members representing the various strands of Professional Standards as follows:

- Accreditation of Prior Learning
- Continuing Professional Development (CPD)
- Employment Standards
- Ethical Practice
- Independent Practice
- Registrar
- Safeguarding

New Policies

The ACP works closely with the PSA (Professional Standards Authority) who accredit the ACP. This year, in addition to their annual assessment, the PSA asked the accredited registers to reassess the benefits and risks to the public arising from their work, and to consider mitigations in relation to any risks.

One of the principal areas of work of the PSC over the last year has been to produce new policies, with the aim of clarification and supporting members. These include a 'back to work' policy, a safeguarding policy and a change to the rules to accommodate on-line working internationally. The PSC has also developed a new category so that those moving towards retirement or who are cutting down on their clinical hours for other reasons can remain full members.

Work continues, with the Independent Practice group, on standardising and modernising the 'Find a Therapist' page of the ACP website.

Registration and CPD

Registration of members was successfully completed for 2021 with 1027 members registered with the ACP; 700 full members, 175 trainee members, 103 non-working members and 49 overseas members. A move to align registration with CPD returns resulted in registration opening earlier this year to coincide with the opening of the CPD process. Registration concluded at the end of January 2021 at the usual time to give members time to adjust to the new arrangements.

In 2022 the registration period will be from 25 October to 1 December 2022 to ensure that all members are registered for the year 2023 before it begins.

The annual CPD audit

The audit was delayed owing to the national coronavirus lockdown. Despite the very altered work situation due to the Pandemic, the majority of members selected for audit were able to complete the audit satisfactorily.

ACP safeguarding

The ACP Level 3 Safeguarding courses have continued to be delivered successfully online and attended this year by over 100 members.

Sub-committees

Employment Standards Group

An achievement this year has been the development of leadership events which took place this term. There has also been further take-up of the mentoring opportunities offered by the committee, to which the survey drew members' attention. We have continued to provide assessors for senior leadership posts across the country. There are still some concerns, however, about a lack of understanding of the kinds of issues and profile required by the NHS for clinicians taking up senior leadership posts. This will be an area to be picked up in the career progression events we are planning.

Ethical Practice Group

Four complaints were investigated over the last year. Two did not reach the threshold for further investigation. One complaint went to a practice review., and the third was not found to be supported by contemporaneous evidence.

We continue to think how lessons learnt from complaints can be fed back to the membership.

Independent Practice Group

There is an Independent Practice Group representative on the Professional Standards Committee.

The PSC continues to focus on issues relating to independent practice including:

- Inequalities between professionals regulated by the HCPC and those outside of this, in particular relating to the payment of VAT that members of the HCPC are exempt from.
- Working remotely with young people who are abroad
- Addressing issues for members who live and work abroad.
- Representation within regional groups
- Meeting advertising standards on members' individual websites, to clarify what comes within the remit of the ACP.

TRAINING COUNCIL

The training council of the ACP sets standards for the training of child and adolescent psychotherapists and is responsible for the accreditation of UK training schools.

Role and Functions

Training Council holds overall responsibility for the regulation of training in Child and Adolescent Psychoanalytic Psychotherapy delivered in the UK. This includes the development the standards for training and the accreditation of UK training schools. The standards are defined in the Quality Assurance Framework and the competence framework for child and adolescent psychotherapy, which can be found on the ACP website.

The development of the standards is overseen by a sub-committee of Training Council called Training Development Group. There are sub-committees which oversee:

- The application of trainees applying for registration to ensure they meet the ACP standards, and
- the approval of psychoanalysts and psychoanalytic psychotherapists as training analysts for trainees.

Re-accreditation of Training Schools

The re-accreditation of the five UK training schools is a central task for Training Council. Currently each school is re-accredited every five years by an accreditation panel appointed by Training Council. In 2021 NSCAP was successfully re-accredited. In 2022, panels will be visiting the Tavistock and IPCAPA. All the reports can be seen on the ACP website.

Achievements

• National Training Scheme for England

Work with the Chair and CEO on developing the National Training Scheme for England, which has resulted in an expansion of training places from 45 in 2019 to 60 in 2020 and 76 in 2021. We anticipate a further rise in 2022/23. This is good news for the profession, consolidating our place within the NHS.

HEE published their Position Paper on Alignment of CAPT Training with the NHS Long Term Plan. The expansion of the psychological professions' workforce, including CAPT, is set out in the recently published Psychological Professions Workforce Plan for England with a priority action Annexe.

Expansion brings its own challenges, including providing sufficient teaching and supervision, and, critically, a larger number of suitable placements that can be found for trainees to work in, especially in areas of the country where there are fewer CAPTs. Training Council works with training schools where it can, to meet these challenges.

- **Equality, Diversity and Inclusion**

HEE have provided funding to the schools in England to improve equity of access and inclusion for Black, Asian and Minority Ethnic entrants to the child and adolescent psychotherapy training. The programme also aims to improve access to training in regions where child psychotherapy is underrepresented. Most of the funding is being used directly by the training schools to support bursaries for students on the pre-clinical courses. It is also being used to set up an Equality, Diversity and Inclusion (EDI) programme to improve equity and inclusion for Black, Asian and Minority Ethnic applicants to child and adolescent psychotherapy training. There is a National EDI Lead working to develop and implement this nationwide programme.

The ACP has been a member of the Coalition for Inclusion and Anti-oppressive practice in Counselling and Psychotherapy for over 3 years. A toolkit will be published in September 22 and will add to the work already being done in Training Council.

- **New Standards of Entry for the Clinical Training**

These new standards are now in force and can be seen on the website. They aim to ensure there are no unnecessary barriers to entry, and to widen the diversity and geographic spread of people applying to train. Training Council will be monitoring the impact of the new standards on the experience of future trainees and the training programmes.

- **Training during the pandemic**

The pandemic has put a huge strain on trainees, teaching staff and supervisors, and profoundly changed the training experience. Training Council developed adjustments to the training standards in acknowledgment of this and these are still in place and can be seen [here](#).

Future Developments

The standards for training and competence framework will be updated to ensure that the training is aligned with the NHSE priorities outlined in the Long Term Plan. This requires that the training must offer teaching in several specialist areas as well as on how to work clinically on-line. There is an emphasis on contributing to team and organisational development and taking up supervision and leadership roles. Leadership will include ensuring trainees understand discrimination, social factors and equity of access in healthcare provision.

We will be ensuring the standards define the learning experiences and competences needed for effective work with patients from all backgrounds and communities. We will also be thinking how the training standards can support training schools to ensure equity of access and a better training experience for trainees from all backgrounds.

Health Education England have initiated a procurement process in which organisations have been invited to tender to run the training from 2023. We await the outcome of this. The announcement of the funding package by HEE will have far-reaching consequences for the funding of the training and analytic subsidy for trainees. The ACP will work with HEE, the training schools and other partners to ensure a sustainable future for the profession.

Sub-committees

The Training Analysts and Psychotherapists Sub-committee

The Training Analysts and Psychotherapists sub-committee maintains a register of training analysts and psychotherapists and completes all the work necessary to develop and maintain this register, as well as work to support the provision of training analysis and psychotherapists across the UK.

Trainee Registration Group

Trainee Registration Group carry out the trainee registration work of Training Council, in conjunction with the Registrar and their committee. There is a registration officer for Training Council who is assisted by the Director and Deputy Director of training.

SCIENTIFIC DEVELOPMENT COMMITTEE

The scientific development committee provides a lead for the scientific life of the ACP and child and adolescent psychotherapists in order to develop the profession and its practice.

Role and Functions

The SDC is responsible for promoting the scientific work of the ACP and demonstrating the scientific basis for the work of child psychotherapy. This includes contributing to ACP responses to government policy and consultations; the integration of research into the work of the membership; supporting the capacity of the membership to undertake research and audit and developing the capacity of the membership to use and evaluate research.

With the support of the Events and Development Manager the Scientific Development Committee is also responsible for planning scientific and CPD events and developing supported clinical networks and the Bulletin.

Research

The Committee includes a research group which takes forward salient issues for discussion and development with the wider committee and with the ACP senior management team.

A recent membership questionnaire on Research showed the following: a significant number of CAPTs are interested in research and feel it is relevant for practice while some experience a disconnect between research and practice. Many feel research should be taken forward by the ACP. Many support a more integrated research/practice pathway. Most feel there is insufficient support for research post-qualification.

Practice Research Networks (collation of practice-based outcome and audit evidence) is of growing interest and an event series exploring this is underway.

Work on collation of case studies and doctoral research theses, with University of Essex, continues.

Events

The most significant event for the ACP is the Annual Conference. The theme this year is 'The Search for Identity'. The conference is being planned and hosted by CAPTs from the Northeast of England.

The SDC has also delivered a wide range of CPD events for members. These are listed on page 18 of the annual report.

Journal of Child Psychotherapy

The Journal has a strong reputation as a peer-reviewed journal in the field of child mental health. Links between the SDC and the Journal continue to strengthen as with the European Federation of Psychoanalytic Psychotherapy. It is a significant achievement that the Journal has returned to its publishing schedule. Research continues to be given prominence in the Journal with a research digest and glossary of terms to support readers to get the most out of research from the profession and beyond.

A recent symposium exploring the ethical issues in relation to consent to publish was well attended and feedback was very positive. Constraints on what can be published ethically in the digital age requires new ways of exploring complex issues thoughtfully and appropriately.

The Journal is receiving high quality submissions and offers writing workshops, and these have been well attended. The Editors are in communication with the Journal Advisory Board and International Representatives to establish an up to date working relationship with these groups.

The ACP Bulletin

The Bulletin is well received by members. Following an edition also potentially accessible by ACP Friends, a decision was made to launch a Friends edition, which is separate to the members Bulletin. This will be produced annually and is aimed at addressing the interests of allied professionals.

Supported Clinical Networks

The SCNs bring together child psychotherapists around specialist areas of clinical need and clinical work. They also provide a forum from which to gather and share material which helps shape individual and discipline practice and policy at the local and national level. There are currently clinical networks in the following areas: refugees, paediatrics, 0-3 and families, work in schools and adopted and looked after children. A Study Group 'Work with Fathers' also continues to thrive.

All groups are currently engaged in updating the policy statement/special interest leaflets, to ensure these are fit for purpose in communicating within the profession, to the wider professional network, and importantly to commissioners and policy makers.

Climate Change Working Group

This group is working on bringing together evidence of the impacts of climate change on the mental health of children and young people and what can be helpful in facing the climate and environmental emergency and its impacts. For example, in supporting children, young people, families and how we as child psychotherapists are working with them.

European Federation of Psychoanalytic Psychotherapy (EFPP)

There is an ACP representative to the EFPP (European Federation of Psychoanalytic Psychotherapy) who has continued to support the development of strong clinical and research links between the ACP and European colleagues and supporting involvement of ACP members in developing child psychotherapy training programmes in European countries.

ACP COMMUNITY MATTERS

Formally operations and liaison committee, ACP community matters is the committee which focus on engagement with members and developing services and networks to support child and adolescent psychotherapists in their professional life.

Role and Functions

The Operations and Liaison Committee has changed its name to ACP Community Matters which the committee hopes better reflects what the committee is designed to do, which is to help the ACP engage with members. Community Matters has a dual meaning; firstly, that the community of ACP members really matters especially during these difficult times when the NHS is under a great strain in part due to underfunding but also because of the pandemic. The second refers to how the community of the ACP communicates the issues that are important to each other.

It is hoped that the new title will enable members outside of the committee to see how the various representatives in the group highlight the varying needs and interests of the membership as well as important issues to do with the communities we serve through our work. Members representing the Regional Groups, the devolved nations, Employment Standards Group, Independent Practice Group and the Trainee Forum and the Bulletin are part of the Community Matters Committee. The Community Matters Committee is chaired by the Vice Chair of the ACP.

Member Engagement

The ACP continues to communicate with the membership through the newsletter and the Bulletin. We also communicate via email and advertise jobs and events to the membership. The website has been updated and is a valuable source of information for members. The ACP consults members on policy issues relevant to the profession and this year, consulted widely on the ACP response to the Government consultation document on the ban on conversion therapy

We have also built on previous work which included a pilot focus group with members and have recently approached newly qualified members to see what sort of support they would value. The meeting was a rich experience, and a mentorship scheme for those early in their career is now under discussion (to follow the scheme aimed at Black, Asian and Minority Ethnic Members) as well as the possibility of further meetings. It is hoped that the next focus group might be to engage with retired members who are a rich source of knowledge and experience.

The ACP has been working hard to increase the diversity of its membership. The Chair and Chief Executive have attended the monthly forum and have been moved and shocked at times by the issues faced by some of our members. The Community Matters Committee and the Director of Scientific Development Committee also undertook a review to see how diversity was represented in ACP communications.

Regional Groups and the devolved nations

The regional groups continue to grow in strength with the support of the regional group lead. The chairs meet several times a year to share experiences and ideas, for example how to approach commissioners about funding further CAPT's in CAMHS teams. Work with groups in Ireland, Wales and Scotland continues with the support of Nick Waggett, with a hope that the presence of CAPT's in CAMHS teams will continue to expand.

Trainee Forum

It is proving difficult for the trainee reps to attend meetings, but they have communicated that they would like some events that would bring together the different training schools.

The trainee engagement group, a subgroup of ACP Community Matters and endeavours to encourage trainees to get involved in the ACP. A successful 'Know your ACP' live event where members of ACP groups spoke about their work and encouraged people to join is going to be replicated for trainees across the training schools.

ACP Friends

Another significant achievement is "Friends of the ACP" which has been in the making for some time but was launched in May 2022. The fee and what Friends will be entitled to have been carefully considered. The additional feature for the ACP website has also taken time and skill to build and will, we hope, prove successful. We will be approaching pre-clinical, childcare courses and other related courses in the hope that we will encourage some to joining Friends and this interest may attract more people to train as CAPT's over time.

ACP Honoured Friends

Honoured Friends is for those who have made a significant contribution to the profession, including those 'lay' members of the ACP committees and those who have provided teaching and support to the Child Psychotherapy training. ACP members will be able to nominate people they feel should be honoured by the profession. They will be a part of the Friends category of the ACP.

Focus Groups

A focus group of parents from mixed work backgrounds and experience was asked to look at the ACP website and to feed back their views as parents. They were asked about the Find a Therapist link as well as the content and appearance of the ACP website. Their comments gave the ACP some helpful insights into what would be helpful to those looking for help. The parents are keen to support the work of the ACP more. This is a significant achievement as it is the first time the ACP has involved parents in this way, and it is hoped that the ACP will build on this work.

EVENTS

Providing seminars, supervision groups and CPD events for members, and the wider community, is of increasing importance to the ACP.

The following is a list of events held between June 2021 - July 2022

Series / Event Title	Date (s)	Total Participants
ACP conference 2021	June 2021	302
Doctoral Research Event: How do CAMHS Clinicians Respond to the Faith Identity of Muslim Patients?	October 2021	48
Clinical Dialogues	September 2021 - March 2022	16
Working with the parental couple	September 2021 - July 2022	14
Safeguarding Training Level 3	October 2021 - March 2022	53
Clinical supervision group for gender dysphoria	October 2021 - July 2022	7
Work Discussion Group for Supervisors	October 2021 - July 2022	44
Harmful Parent Child Interaction Training	December 2021 - April 2022	12
How to write a paper for publication: Free Writing Workshops	January 2022 - May 2022	12
Issues around consent to publish clinical material: JCP Symposium	March 2022	62
Understanding Leadership series	March - May 2022	34
Working with children on the autism spectrum	June - July 2022	178

With thanks to event facilitators:

Rachel Abedi; Anne Alvarez; Lynne Amidon; Annie Baikie; Tess Bailey Sayer; Michela Biseo; Marina Bonfatto; Marie Bradley; Alison Bruce; Gerry Byrne; Myooran Canagaratnam; Matthew Chuard; Gabrielle Cockatt; Bobbie Cooper; Eva Crasnow; Simon Cregeen; Andrew Dawson; Deirdre Dowling; Holly Dwyer Hall; Lynda Ellis; Eve Grainger; Sarah Gustavus Jones; Becky Hall; Debbie Hindle; Todd Hinds; Ann Horne; Anne Hurley; Deirdre Ingham; Leslie Ironside; Jason Kaushal; Amanda Keenan; Monica Lanyado; Pauline Lee; Tony Lee; Sheila Levi; Ben Lloyd; Lorraine McLeod; Claudia McLoughlin; Julia Mikardo; Joanne Miley; Lisa Miller; Sheila Miller; Ariel Nathanson; Coretta Ogbuagu; Adele O'Hanlon; Akin Ojumu; Selina Perocevic; Isobel Pick; Gretchen Precey; Kate Purdy; Inji Ralph; Maria Rhode; Alison Roy; Barbara Segal; Rajni Sharma; Nancy Sheppard; Robin Solomon; Ana Spoladore; Ferelyth Watt; Nina Wessels.

With thanks to event planning groups:

Alex Volovisky; Ben Stambler; Jessica Jarmon; Kate Robertson; Leanne Stelmaszczyk; Lydia Gilbert; Marie Bradley; Nick Waggett; Nina Wessels.

CURRENT COMMITTEE, SUB-COMMITTEE AND GROUP MEMBERS

This is the full list of people who are members of ACP committees or who undertake specific roles for the ACP.

ACP Board

ACP Board

Olatayo Afuape (CAPT NED); Marie Bradley (Director of Scientific Development); Francesca Calvocoressi (Director of Professional Standard); Jane Elfer (Vice Chair), Sarah Gilmour (Lay NED); Kath Hinchliff (Lay NED); Claire Hopkins (Director of Finance); Anjum Iqbal (Lay NED); Jessica Jarmon (Business Manager, in attendance); Isobel Pick (Interim Director of Training); **Kate Robertson (Chair)**; Janine Sternberg (CAPT NED); Nick Waggett (CEO, in attendance); Brian Waring (Lay NED).

Campaign Team

Jennifer Davids; Kate Robertson; Nick Waggett; Sandra Fentiman; Tim Smith.

Communication and Rapid Response Team

Judy Cloughton (maternity cover for Claudia Moselhi); Jane Elfer; Claire Hopkins; Matthew Jenkins; Ryan Lowe; Rachel Melville-Thomas; Kate Robertson; Nick Waggett.

COVID-19 Response Team

Marie Bradley; Francesca Calvocoressi; Danny Goldberg; Jo Goldsmith; Eve Grainger; Jessica Jarmon; Louise O'Dwyer; Julia Mikardo; Isobel Pick; Helen Ritzema; Kate Robertson; Nick Waggett.

Diversity and Equality Working Group

Rachel Abedi; Becky Hall; Phillip McGill; Lorraine Mcleod; Gautami Parekh; **Kate Robertson (Chair)**; Sonia Stephenson; Nikolaos Tzikas; Nick Waggett.

External Communications Group

Helen Breakwell; Judy Cloughton (maternity cover for Claudia Moselhi); Jessica Jarmon; Louise O'Dwyer; Kate Robertson; Nick Waggett.

Finance and Remuneration

Jane Elfer, **Claire Hopkins (Chair)**; Kate Robertson; Nick Waggett.

Scrutiny Group

Sarah Gilmour (Lay); Kath Hinchliff (Lay); **Jane Elfer (Vice Chair)**; Brian Waring (Lay)

Professional Standards

Professional Standards Committee

Francesca Calvocoressi (Chair); Jo Goldsmith; Eve Grainger; Jessica Jarmon (in attendance); Louise O'Dwyer; Selina Perocevic; Helen Ritzema; Bridget Scott; Janet Shaw.

Registrar

Louise O'Dwyer.

Continuing Professional Development

Louise O'Dwyer (CPD Lead).

Safeguarding Lead

Currently vacant.

Accreditation of Prior Learning

Selina Perocevic.

Employment Standards Group

Andrew Dawson; Lynda Ellis; **Eve Grainger (Lead)**; Katie Lewis; Julia Mikardo; Graham Shulman; Janine Tully.

Ethical Practice Group

Erica Bradley (Lay); Sue Byrne (Lay); Geraldine Crehan; **Jo Goldsmith (Chair)**; John Halford (Lay); Kim Issroff (Lay); Christine Kibbey; Katie Lewis (Vice Chair); Julia Mikardo; Mary Penwarden; Geoffrey Rivlin (Lay); Emily Ryan; Fergus Smith (Lay).

Independent Practice Group

Paul Bell; Tessa Dally; Adam Duncan; Joanne Higgins; Katie Lewis; Elena Margedan; Lucy Mills (Secretary); Diana Radeva; **Helen Ritzema (Chair)**; Belinda West.

Training Council

Training Council

Jeremy Gunson; Zaira Lorefice (in attendance); Jill MacKenzie; **Isobel Pick (Interim Director)**; Charlotte Pitt; Kate Purdy; Robin Solomon (Lay); Claire Whitefield (Deputy Director); Jessie Woods.

Training Development Group

Training Council members plus: Kevin Booth (Head of Training at BTPP); Sarina Campbell (Joint Heads of Training at Tavistock); Lynne Conway (Joint Heads of Training at HDS); Eve Grainger (Link person to Employment Standards Group); Zaira Lorefice (in attendance); Phillip McGill (Joint Heads of Training at Tavistock); Elizabeth Murphy (Head of Training at IPCAPA); Rajni Sharma (Head of Training at NSCAP); Gillian Sloane Donachy (Joint Heads of Training at HDS).

Trainee Registration Group

Kate Purdy and Jessie Woods.

Scientific Development

Scientific Development Committee

Silvina Bonino Diaz; **Marie Bradley (Chair)**; Helen Breakwell; Andrew Dawson; Alexandra de Rementeria; Claudia De Sampaio Campos; Deirdre Dowling; Eve Grainger; Sarah Hartley Claire Hopkins; Grace Jennings (Lay); Susan Kegerreis; Sheila Levi; Caryn Onions; Andrea Pedraz; Becky Saunders; Gillian Sloan Donachy.

Bulletin Editors and team

Maxine Allen; Helen Breakwell (editor); Juliette Flower; Claudia Goulder; Adam Goren; Louise O'Higgins (editor).

Journal of Child Psychotherapy Editorial Team

Rachel Acheson (Assistant Editor and Research Digest Editor); Alexandra de Rementeria (Editor in Chief); Robert Fleming (Journal Associate Editor); Elizabeth Francis (Clinical Commentary Editor); Malby Oliver (Journal Associate Editor); Maria Papadima (Journal Editor); Miranda Passey (Journal Associate Editor); Sarah Peters (Journal Associate Editor); Kate Purdy (Book Review Editor).

Supported Clinical Network (SCN) Leads

Lead of the SCNs (Gillian Sloane Donachy); 0 -3 (Becky Saunders and Silvina Diaz Bonino); Looked After Children (Andrew Dawson); Paediatrics (Andrea Pedraz); Schools SCN (Claire Hopkins).

Research Group

Holly Dwyer Hall; Eve Grainger; Sarah Hartley; **Susan Kegerreis (Chair)**; Sheila Levi; Caryn Onions; Arianna Pulsoni.

Clinical Dialogues Planning Group

Alex Volovisky and Ben Stambler

Climate Change Working Group

Megan Bennett; Peter Elfer; Joan Herrmann; Leslie Ironside; Gen Lowes; Diane Maybey; Emily Nightingale; Isobel Pick; Jane Turner; Rachael Winstanley.

Interest Groups Leads

Fathers Study Group (Andrew Briggs).

ACP Community Matters

ACP Community Matters Committee

Paul Bell; **Jane Elfer (Chair)**; Kate England; Eve Grainger; Jessica Jarmon (in attendance); Amanda Mintowt-Czyz; Kate Robertson; Helen Breakwell (in attendance); Nina Wessels; Joanne Young.

Trainee Engagement Group

Amanda Mintowt-Czyz; Kate England; Eve Grainger; Kate Robertson.

Regional and Devolved Nations Group Leads

East Midland (Caroline Boorn); **North-East** (Katy Hole); **Northern Ireland** (Andrew McGibbon and Angela ORawe); **North-West** (Anna Spedding and Faye Brierley); **Overseas** (Diana Radeva); **Scotland** (Joanne Young); **South-West** (Tessa Weir-Jeffery); **Wales** (Gary Catterall and Tanya Leonard); **Yorkshire and Humber** (Sam Zappardi and Joanne Higgins).

Trainee Forum

Olikiade (Kiki) Adetunji; Maxine Allen; Abi Booth; Alice Cudworth; Samantha Fernando; **Vic Goddard (Joint Lead)**; **Natalie Harrigan (Joint Lead)**; Sophie Morgan Sobogun.

Task & Finish Groups

Complexity Study Group

Adele O'Hanlon; Amanda Keenan; Barnady Rhodes; David Churchill; Deirdre Meehan; Elizabeth Francis; Eve Grainger; Miranda Sharp; Nancy Rostant; Olatayo Afuape; Robert Fleming; Sandra Fentiman (Lead), Sarah Fox, Sheila Levi, Tim Smith (Lead).

Statutory Regulation Group

Adan Duncan; Brian Waring (Lay NED); Claire Hopkins; Francesca Calvocoressi; Janet Shaw; Jason Kaushal; Jo Goldsmith; Julia Britton; Kate Robertson; Kath Hinchliff (Lay NED); Nick Waggett (CEO, in attendance).

Union reps

Danny Goldberger; Julia Mikardo; Selina Perocevic

THANK YOU AND GOODBYES

The following people have stepped down or ended their term as a member of an ACP committees or from a specific ACP role.

Matthew Chuard

Director of Scientific Development: Events Planning Group; Scientific Development Committee

Lydia Gilbert

Membership Engagement and Administrative Officer

Jason Kaushal

Director of Training Council: ACP Board; Executive Group; Trainee Registration Group; Training Council; Training Development Group.

Julia Mikardo

UNITE Union Representative

Andrew Satchwell

Deputy Director of Training Council: Executive Group; Trainee Registration Group; Training Council; Training Development Group.

Janet Shaw

Registrar: Executive Group; Professional Standards Committee.

Leanne Stelmaszczyk

Events and Development Manager

Mick Wood

CAPT non-executive director; the Board.

Khuzuma Akhtar

Diversity and Equality Working Group

Corinne Aves

Training Development Group

Jonathan Barker

Scientific Development Committee

Valerie Curen

Bulletin Team; Scientific Development Committee

Manuela Difronzo

Trainee Forum

Patrick Easen

Training Development Group

Peter Elfer

Ethical Practice Group

Jane Elfer

Scientific Development Committee

Elizabeth Francis

Training Development Group

Nicola Gauld

Trainee Forum

Lonnie Gross

Scientific Development Committee

Gill Hardman

Ethical Practice Group

Milly Jenkins

Scientific Development Committee

Tanya Leonard

Professional Standards Committee

Melissa Midgen

Ethical Practice Group

Louise O'Higgins

ACP Community Matters

Diana Radeva

Independent Practice Group

Rajni Sharma

Ethical Practice Group

Ruth Thomas

Trainee Forum

Maria Eugenia Valdivia Rossel

Trainee Forum

Nina Wessels

Clinical Dialogue Planning Group

Eva Whitefield

Independent Practice Group