



Annual General Meeting

Held on Saturday, 8th June 2019 from 3.30 – 5.00pm

At Strathclyde University, Technology & Innovation Centre, Glasgow

I. Attendance

Rachel Acheson; Jackie Alexander; Lola Alvarez-Romano; Charlotte Anstey (Jarvis); Corinne Aves; Teresa Bailey; Macarena Barrera Cubo; Liz Bodycote; Jacqueline Bone; Marie Bradley; Faye Brierley; Andrew Briggs; Janet Bungener; Nicola Buttress; Francesca Calvo-coressi; Christine Chester; Jo Collinson; Lynne Conway; David Cornelius; George Crawford; Simon Cregeen; William Croxton; Kanese Da Costa; Andrew Dawson; Katy Dearnley; Sabine Dechent; Silvina Diaz Bonino; Deirdre Dowling; Kathy Duguid; Ruth Dunstan; Jacquie Edge; Elizabeth Edginton; Jane Elfer; Nick Elsey; Ann England; Sandra Fentiman; Miranda Feuchtwang; Dodo Finch; Candice Francis; Georgie Gee; Iris Gibbs; Ruth Glover; Eve Grainger; Lucy Griffin-Beale; June Griffith Magloire; David Hadley; Lydia Hartland-Rowe; Joan Herrmann; Joanne Higgins; Debbie Hindle; Gemma Holbrook; Claire Hopkins; Ann Horne; Margaret Hurst; Gillian Ingall; Paul Isaacs; Jessica Jarmon; Gweneth Kirkwood; Trudy Klauber; Oliver Klott; Paula Land; Patricia Langton; Monica Lanyado; Rachel Lasserson; Ken Lee; Katie Lewis; Mary Lindley; Genevieve Lowes; Nikki Lusher; Jillian MacKenzie; Valsamina Mavrommati; Carol McArthur; Meryl McCartney; Phillip McGill; Claudia McLoughlin; Rachel Melville-Thomas; Nicholas Midgley; Julia Mikardo; Sheila Miller; Yuen Ki Jennifer Ng; Louise O'Higgins; Maria Papadima; Elaine Pennicott-Banks; Jemima Phorson; Isobel Pick; Angela Pye; Kate Robertson; Kate Rothwell; Alison Roy; Ruth Seglow; Rajni Sharma; Janet Shaw; Rinat Shemesh Arnsberg; Graham Shulman; Moira Shulman; Gillian Sloan-Donachy; Anna Spedding; Sheila Spensley; Leanne Stelmaszczyk; Janine Sternberg; Heather Stewart; Gregory Thorne; Julie Trice; Jane Turner; Beverley Tydeman; Nick Waggett; Catherine Webster; Debbie Weinstein; Andrea White; Lindsay Worcester; Biddy Youell and Joanne Young.

Apologies

Tess Bailey Smith; Sue Coulson; Sarah Dobson; Danny Goldberger; Sarah Gustavus Jones; Jeanne Magagna; Miranda Passey; Selina Perocevic; Marigemma Rocco Briggs; Janet Sherrard; Tim Smith; Lydia Tischler; Angelina Veiga and Gianna Williams.

Thanks to everybody for coming.

2. Minutes of AGM 2018 - Corrections, Matters Arising, and Approval

The minutes for the 2018 Annual General meeting were previously posted on the website and circulated with the AGM notice.

There were no matters raised from the minutes.

Proposer: Lydia Hartland- Rowe
Secunder: Ann Horne

The minutes were approved.

3. Approval of Annual Reports from Committees

The annual reports from all the committees were previously circulated with the AGM notice.

Proposer: Eve Grainger
Seconder: Janine Sternberg

All the annual reports were approved.

4. Reports from Committees

Marie Bradley, Director of Scientific Development introduced the 4 supported clinical networks developed by the ACP: refugees, school, paediatric & 0-3s and encouraged members to join.

Phillip McGill, Director of Training took this opportunity to thank the training schools for their fantastic contribution. Having agreed the Competence Framework, the schools are working very hard to incorporate them into the Quality Assurance framework (QAF). This year, the Training Council will embark on a project to look at the pre-clinical standards starting with an Equality Impact Assessment (EIA).

5. Treasurers Report and Accounts

JP reported on the 2018 accounts previously circulated.

JP informed members that the ACP was ending the year with a deficit. The ACP receives income from membership, events, royalties from the journal with 56% of the revenue spent on people doing work for the ACP. This does not include all the voluntary work undertaken by members who have multiple roles in the organisation, sit on different committee and working groups.

The challenges for this coming year are to move towards financial balance by 2021 whilst funding the important work that needs to be done.

6. Approval of the revised Rules of Association

IP presented the revised Rules of Association which were previously circulated with the AGM notice.

IP made particular reference to the two new membership categories: supervising associates and friends.

Proposer: Nick Midgley
Seconder: Simon Cregeen

The revised rules were approved.

7. Union Report

Julia Mikardo spoke about the work of the Applied Psychology Committee within the Health Sector of the UNITE union. The ACP has two co-opted representatives on this committee, Julia and Danny Goldberger. Strategic discussions take place there on terms and conditions of employment, and other issues concerning our members such as the WATs scheme. Child psychotherapy is a small profession within the NHS and being part of this committee gives us a voice we would not otherwise have.

As a way of demonstrating this, Julia introduced Dave Munday, the Mental Health Lead at UNITE, who was visiting our conference. He spoke about the union's support of the ACP in negotiations with Health Education England over proposed changes to the funding structure for our training. He explained he has taken an active role in ensuring that HEE is communicating openly during the consultation period as well as supporting the ACP position on the potentially harmful consequences of changing the funding arrangements.

Julia and Dave encouraged members to visit the UNITE stall at the conference to share their local experiences and concerns.

8. Chair's Report - Achievements and survey results

Isobel Pick presented her chair's report: this is a summary of that report, which can be seen in full [here](#).

She acknowledged the achievements of past members in establishing the training school in Scotland 30 years ago, a landmark that we are celebrating through holding the conference in Glasgow this year. It is also 70 years since the founding of the ACP.

The last year has seen huge developments in the profession and in the ACP. We have been campaigning for better mental health services for children and young people and can be proud that the ACP has punched above its weight in our Treat Them Right campaign, and become more visible as a profession as a result. We've had to battle to keep the salary support for our training, and we are still waiting for the outcome of HEE's review. The attention that has been focused on the mental health of children and young people in recent months has resulted in mental health services, and those for CYP especially, getting a bigger proportion of NHS funding in the NHS Long Term Plan which was published in January. But the way this will be spent still leaves much to worry about and to work on. Especially for us there is the concern that specialist community CAMHS will get further squeezed as targets and resources are focused on the new services for mild to moderate difficulties in schools, and in defined pathways such as crisis services and eating disorders. Our argument has consistently been that services in schools are needed, but not at the expense of specialist MDT services – in fact they will only work if specialist services are there to provide support and a referral route for more complex and severe cases.

Isobel encouraged members to read the annual reports from the other executive directors which demonstrate what a wide range of work the ACP manages to do – supporting members, developing new initiatives, carrying out our core tasks of managing our register of members and handling complaints, and accrediting our training schools. Notable achievements this year include the overhaul of our Disciplinary Code, the incorporation of the competence framework into the Quality Standards for training and the setting up of our first tranche of Supported Clinical Networks.

Morwenna O'Brien, our Operations Manager of many years left in June 2018 and in September we recruited Jessica Jarmon as Business Manager. We are very lucky to have such a dedicated and hard-working staff team, who do their very best to keep on top of all this whilst continually make improvements, putting us on a more professional footing. One aspect of this is dealing with our technical backup: there have been terrible problems with some members not receiving emails, for which we are very sorry. This has been extraordinarily difficult to sort out: having tried with our current system we are about to invest in a more radical solution which we anticipate will eliminate the remaining difficulties.

We have now had a CEO and Chair in place in the ACP for 15 months, and it is two years since the Board of Directors was formed to govern the ACP as a company limited by guarantee. These changes came into being to address the requirements of running the register of ACP members under the auspices of the Professional Standards Authority.

The role of Chair is to enable the Board of Directors to ensure that it carries out its functions of setting strategy and ensuring good governance, and the CEO's job is to put the strategy into action, within parameters set by the Board.

Part of the Board's role is to take into account of the views of the members, so a key aspect of the role of Chair is to ensure that we communicate as effectively as we can with the membership of the ACP, and consult whenever we can. In the end though, the Directors have legal responsibility for the proper running of the organisation, and need to be able to provide leadership and timely decision-making often on dynamic and complex issues.

The Board makes decisions on strategic questions and business planning for the whole organisation, but most of the work of the ACP is carried out in the four big committees that report to the Board, and their working groups. They can see how their work fits into the whole most clearly through the Business Plan, signed off by the Board in January 2019. This enables us to know more clearly what we are wanting to achieve during 2019, and what the budget is. The full version is on the website.

The Board also set a budget for the year, a working document that shows our best guess at what our income and expenditure would be this year, and that enables us to keep track of how things go during the year and change our plans accordingly. The budget set had a deficit of £40,000 in it, which we can cover by drawing down funds from our reserves. As Jemima has said, we can do this comfortably for a year or two, but beyond that we need to get to a position where we are covering our costs.

In order to make sure that our objectives are in line with members' priorities, and in order to find out what members think about our strategy and how we might fund a campaigning ACP if that is what members want, we conducted two surveys in April and May this year. The results of these surveys were presented and they are included in the full version of her report in the link above. The headline messages were:

- We should aim to continue our campaigning on behalf of the profession and CYPMHS
- We should work out how we can do this and be viable
- There is demand for events and training
- There is support for income generation ideas
- 2/3 of respondents support a raise in fees
- High levels of satisfaction with the ACP, but significant areas of dissatisfaction, which we need to address where possible:
 - Make it easier for members outside London to get involved (including better comms, virtual meetings and regional groups)
 - Continue work on diversity
 - More information on support for members in independent practice.

The next steps would be to publish a summary of the results in the bulletin and via email, and to ensure that the Board and other committees and working groups use the feedback to develop the ACP and to make some difficult decisions about how we go forward in developing our strategy for the future and how we finance it.

It was encouraging to have members' responses, including constructive criticism, and it will give the organisation a new energy to know we that we can respond to members' views and priorities. Isobel thanked members for their involvement with the survey, in the work they do for in the ACP and for coming to the AGM.

9. Vice Chair's report - Diversity questions in the coming registration process

Kate Robertson, Vice Chair, outlined how this year, as part of registration we will be asking members to fill in a new diversity and equality form. The Equalities Act came into force in 2010 and although the ACP does not have to collect equalities data about its members, we believe that it is vital that the ACP is able to demonstrate that as an organisation we are thinking about inclusivity and diversity, including the diversity of the profession. Collecting data is an important tool for us to be able to know who we are as a professional group. We want to improve on the data we collected in the past, which will help us to continue to argue for the relevance of the profession to the child mental health work force. We hope the answers collated will help us to understand the background of members and take action to increase the diversity of the profession.

10. CEO's report - Campaigning for the profession

Nick Waggett, CEO, spoke to the AGM about how the leadership of the ACP is working to ensure that child psychotherapy is actively engaged in several overlapping political agendas. We have kept members up to date on the Treat Them Right campaign via the Bulletin and newsletter including the positive coverage we have had in the media, in trade publications such as the Health Service Journal and through speaking at conferences. A less visible part of the campaign is the work with policy makers and other significant 'influencers'. The aim is to raise the profile of the ACP and ensure that child and adolescent psychoanalytic psychotherapy (CAPPT) is a voice that is increasingly heard in the conversations about children's mental health, and responses to it.

A lot of energy in the last 18 months has been directed at protecting the funding of our NHS training in England. We are also aware of and support parallel work in the other nations but there has been a particular threat to the salary support for training from Health Education England. We hope the documents we have produced in support of our campaign will prove helpful for others making the case for child psychotherapy in all areas. We are currently hopeful that a solution will be found for the continued funding of the training. It has become increasingly clear that the best way to argue for child psychotherapy as a core NHS profession is to demonstrate its place and value within service models – that we are a vital part of the solution to mental illness in CYP and are seen to be essential to the NHS meeting its aims as set out in the Long Term Plan. To do this we need to argue for the role of multi-disciplinary specialist CAMHS, not only in meeting severe and complex needs, but also in prevention, early intervention and supporting the expansion of services and workforce such as though mental health support teams in schools. One route to this is to link with psychiatry and psychology to present a shared view of specialist services and the RCPsych and BPS have agreed to hold a roundtable with us to do this.

Another important route to influence the agenda that has emerged recently is collaboration with other NHS psychological professions. 12 such professions have been identified, including CAPPT. They are being brought together under a national psychological professions workforce group on which the ACP is represented. This group has a direct line into both NHSE and HEE and will lead the input to the NHS People Plan in which we are hoping to see commitments to the expansion of all psychological professions and potentially representation at national level via a Chief Psychological Professions Officer. This group is informed by the Psychological Professions Network which we have encouraged members to join and be active in.

To represent child psychotherapy in the national agenda we have tried whenever possible to respond to government and other consultations and we have submitted evidence in relation to the Green Paper, long term plan, NICE guidance and various select committee inquiries. We cannot do this without input from members and we thank all those who have responded to our requests for help. We do increasingly need members with a range of expertise to advise and provide information we can use in this way. We hope in future that this will be one role for the Supported Clinical Networks. Taking this further we are increasingly trying to ensure the ACP is 'around the table' when service models, pathways and policies are developed to ensure both that we are represented but also that our unique contribution is heard for the benefit of infants, children, young people and families.

Our view then is that the priority is to align ourselves with other NHS professions even though we know that there are potentially challenges and areas of conflict in this. In particular we have been challenged this year by the UKCP applying to the PSA to formally refer to their registrants as child psychotherapists. We strongly opposed this on the basis that the UKCP training is very different to our own and there were potentially dangers in the confusion that will arise for the public and service commissioners – but the application was agreed. We need to decide how best to address this issue and ensure the particular competences of ACP members are recognised, including whether to change our title, try again for statutory regulation, or to work with UKCP, BCP and BACP to reach professional definitions that we can agree on. These overlapping agendas raise many questions that we need, collectively with the ACP membership, to address.

The presentation and slides can be seen in full [here](#).

11. Discussion (including AOB from members)

The following issues were raised by members from the floor.

Monitoring form

A member wondered about the legal obligation of asking members to fill in a monitoring form. KR confirmed that the ACP is under no legal obligation but has decided it wanted to be thinking about the diversity of the organisation.

HCPC

A question was asked about whether the ACP is actively pursuing regulation within the HCPC. HCPC membership has a potential impact on eligibility for applying for some types of NIHR funding - this needs to be kept in mind for the future development of research within the profession. NW said that the regulatory status of the profession was a concern to the ACP and options were kept under review but currently the door to the HCPC is closed.

Unite

It was asked what proportion of the membership belong to Unite? We don't currently know, but this could be added to the registration form. The office will be emailing the welcome pack to the whole membership & get the unite leaflets as pdf.

UKCP

With regard to conflict or cooperation with the UKCP over titles, we might find it easier to define ourselves in collaboration with them. When we were seeking entry to the HCPC we were directed to agree standards with the UKCP and BACP. The former were already calling themselves child psychotherapists. This proved quite a useful process, with the UKCP acknowledging the greater rigour of our training and seeing our involvement as supportive of them against the encroachments of adult psychotherapists who were trying to get themselves registered to work with children with minimal further training. All this came to nothing when the govt changed and the door to the HCPC was shut.

A question was raised about what title we should best use for our profession. The NHS recognises us as a core profession under the title Child Psychotherapist. The Psychological Professions Workforce Group refers to Child and Adolescent Psychotherapist (CAPT). The ACP increasingly uses the title created for the competence framework which is Child and Adolescent Psychoanalytic Psychotherapist (CAPPT). This differentiates from other practitioners using the title Child Psychotherapist. An informal straw poll was taken at the meeting to establish how much support there was amongst members present for the titles CAPT and CAPPT. A large majority was in favour of using the title CAPPT.

JCP 1st 2019 Edition

Lydia Hartland Rowe introduced herself as the new Chief Editor and Maria Papadima, Editor and Production Assistant. They are working on increasing the reach and spread of the journal. LHR apologised for the delay to the 1st 2019 edition of the journal. The special edition, that will be published later this year, will be on race, culture and diversity. They want to get the conference themes and papers into the journal.

How we are seen by the public?

The ACP members regularly contribute to Annalisa Barbieri's problem-solving column in the Guardian to produce thoughtful and conscientious responses. The pool of people needs new members. Please contact Rachel Melville-Thomas if you are interested.

12. Elections to the Board

IP led the ratification and confirmation of all new ACP appointments which we were previously announced in the AGM notice.

Francesca Calvocoressi was proposed as Director of Professional Standards and Marie Bradley was proposed as Director of Scientific Development.

Proposer: George Crawford
Seconder: Ruth Glover

There were no objections and these appointments were ratified.

Janet Shaw was proposed as a CAPT Non-Executive Director and Barbara Lund was proposed as a lay Non-Executive Director.

Proposer: Simon Cregeen
Seconder: Eve Grainger

There were no objections and these appointments were confirmed.

Confirmation of appointments to Committees and groups of the ACP since the last AGM

Diversity and Equality Working Group

Khuzuma Akhtar; Maaiké Engelen; Eleni Hourdaki; Lorraine McLeod; Nikolaos Tzikas.

- **Professional Standards Committee**
Claire Whitefield (Acting Registrar)
- **Ethical Practice Group**
Chris Kibbey
- **Independent Practice Group**
Valerie Allison; Tessa Dalley; Maike Engelen; Juraj Kralik; Katie Lewis; Elena Mardegan; Lucy Mills and Helen Ritzema
- **Training Council**
Louise Allnutt, Corinne Aves, Kate Purdy
- **Operations and Liaison Committee**
Jane Elfer (Rapid Response Network); Gill Ingall; Rachel Melville Thomas (Rapid Response Network); Kate Rothwell (Trainee Forum); Maria Eugenia Valdivia (Trainee Forum).
- **Scientific Development Committee**
Lydia Hartland-Rowe (Chief Editor of the Journal)

Proposer: Rajni Sharma

Seconder: Janet Shaw

There were no objections and these appointments were confirmed.

13. Elections to other posts in the ACP

Professional Standards: Tanya Leonard; Maria Papadima

Operations and Liaison Committee: Amanda Mintowt-Czyz

Scientific Development Committee: Sue Kegerreis (Research); Chen Wagner (Research)

Bulletin Team: Holly Dwyer-Hall

Social Media Lead: Louise O'Dwyer

Proposer: Deirdre Downing

Seconder: Silvina Diaz Bonino

There were no objections and these appointments were confirmed.

14. Welcome to New Members and Farewells

Francesca Calvocoressi, as Director for Professional Standards, read out the names of trainees who have qualified during the last year, and welcomed them to full membership of the ACP.

Birmingham Trust for Psychoanalytic Psychotherapy

Michelle	Grierson
Medina	Horne
Angela	Pye

bpf/IPCAPA

Eugenia	Baybazarova Unwin
Joshua	Holmes
Juraj	Kralik
Coralie	Lasvergnas-Garcia
Sarah	Miltz
Elaine	Pennicott-Banks
Nancy	Rostant
Mihla	Sibanda
Sarah	Spitzfaden
Amy	Taylor

Northern School of Child and Adolescent Psychotherapy

Charlotte	Burton
Luke	Highstead
Claire	Peatfield
Anna	Spedding
Kerry	Stratton

Tavistock and Portman NHS Trust

Rachel	Allender
Adele	Braun
Alison	Bruce
Catherine	Campbell
Charlotte	Cavanagh
Chiaming	Chen
Marie	Derome
Penny	Edwards
Emily Rose	Fox
Katy	Garner
Sara	Guidi
Sophie	Latham
Lisa	McCafferty
Katherine	Mifsud
Julian	Moorman
Eliza	Newell
Novelette	Newell
Tara	Pepper Goldsmith
Hayley	Rajpal
Marcus	Richardson
Tim	Smith
Lee	Snowden

Francesca also read out the names of members who have sadly died during the last year, who have made will be sorely missed.

Deborah Bellman
Evelyn Buchan
Betty Dawson
Michele Pundick
Ann Syz
Shirley Truckle

We also said goodbye to Heather Stewart as Director of Professional Standards and David Hadley as Director of Scientific Development.

Isobel thanked Heather Stewart & David Hadley for their huge contributions to the ACP over many years. Heather was Chair from 2014-18 and then stayed on to cover the role of Director of Professional Standards from 2018 – 19. Under her leadership the ACP has been transformed into a more professional and outward looking organisation, and it is a sign of her generosity of spirit that she agreed to continue in this new role until now. David has worked in the ACP in many roles, and for the last year has been our first Director of Scientific Development, in which role he has nurtured the Scientific Development Committee into a new working group which brings together a range of activities that previously existed in isolation and have found new synergies and strategic direction under his leadership.